What are you doing this summer?

What are you doing this summer? Whatever adventure you choose, please bring your camera, take lots of shots and be ready to share at our September meeting. Whether it's the trip or a lifetime or a paddle, day hike or a bike ride right around the corner your ADK friends want to see your pictures! Sharing our vacation shots at the September meeting is even more fun than Facebook or Instagram. You get instant feedback, and the screen is a lot bigger than anyone's PC!

Next month we will tell you where to send those snaps but for now, take them and save them. After a couple of months without meetings it's so much fun to come back and share our summer stories. Also there will be ice cream!!! More info. to come, but for now take pictures and save the date: September 8, 2015. See you there!

Be sure to check our website, www.adk-nfc.org, for trip reports and current outings!

Next General Meeting is September 8th

There are no regular meetings in June, July or August. Regular meetings will resume in September.

June 14th Annual Meeting and Family Potluck Picnic Report

Where: Bison City Rod and Gun Club on Ohio Street in Buffalo

This unique urban location gave us an opportunity to explore our wonderful waterfront. While there continues to be debate and decisions made about how the land is to be developed, I think everyone would agree that it was exciting to see what has already been accomplished. Many thanks to the club members who volunteered to lead trips. The waterfront is ideal for biking with a newly running ferry linking the inner harbor and outer harbor. Even though it was raining quite hard at the time of the outings, many people enjoyed an abbreviated bike trip led by JoAnn Ratajczak and had a chance to enjoy the ferry. Bob Bohner wisely arranged for a paddle on the Buffalo River to leave early, before the heavy rain began and although there was competition with other users, his trip went off very well. Carolyn Kerr also took a few brave adventurers out on the river, to experience the silos and grain mills. Tifft Nature Preserve was visited as planned by hikers in full rain gear, led by Leslie Salute and the Kenney’s. It is our hope that
with this introduction to the waterfront, many of our club members will return often to visit the first ward and inner and outer harbors.

The Bison City Rod and Gun Club enjoyed learning about our club and through discussion we learned that they share many of our values in developing the waterfront for public access and conservation efforts. Bison City sponsor raising steelhead trout hatchlings and release thousands of them every spring. A few of their members took our newsletter and expressed interest in the paddling outings.

After the outings, the sun came out and folks enjoyed each other’s company and attended workshops to get information on backpacking, kayak camping and map and compass skills. Thank you to Paul Gannon, Bob Van Hise and Andy Urban for their excellent information and for sharing their extensive knowledge and experiences. Many thanks to all the people who assisted with the shopping, set up, cooking and cleaning up. I apologize ahead of time for forgetting those of you who so enthusiastically pitched in. Please let me know if I left your name off. Janet Kowalski and Mary Schraven shopped at BJ’s to buy the food. Condiments and 5 dozen rolls were donated by Janet Kowalski. Many people arrived early to help set up including: Marjorie Janowsky, Kathy Clerkin, Janet and David Kowalski, Carol and David Schuster, Sandy Paine and Carl Minkel, Leslie Salute, and Jinny Colburn. Richard Schraven helped rake out the debris on the DEC boat launch to make it accessible. Joe Rebisz was the Grill Mister, assisted by Judy Hooker and Janet Kowalski. The clean-up committee was just about everyone at the picnic, for it took less than 30 minutes to be all packed and put away. Thanks to Wendy Mohrman, Steve Woroniak, Bob Van Hise,

MANY BIG THANK YOUS and appreciation to club leaders who are finishing their terms in elected and appointed positions: Cheryl Puluso as Chairman, Ron Dorr as biking co-chair, Andy Urban as Outings Chair; Peter Corrigan and Richard as education co-chairs and Janet Kowalski for Programs last year.

MANY THANKS to our remaining elected and appointed leaders who will continue in their positions: Thanks to Bob VanHise, Director; Lynn Kenney, conservation chair; Richard Schraven (waterways co-chair), and JoAnn Ratajczak, winter sports and weekly email reminder; Larry Beahan, secretary; Doug Gaffney, treasurer; Kate Hacker, Newsletter Editor; Cheryl Peluso, electronic communication; Sandy Paine, Hospitality; Kathy Clerkin, Membership; Bruce Lockwood, Bookstore; Joe Ribisz, AV technology; Rob Laing, web master.

WELCOME AND THANKS TO NEWLY ELECTED OFFICERS; Janet Kowalski as Club Chairperson; and Mary Schraven as outings Chairperson

WELCOME AND THANKS TO NEWLY APPOINTED: Paul Kochmanski, new biking co-chair; Teresa Corrigan, new education co-chair; Peter Corrigan, new backpacking co-chair;

THE CLUB IS LOOKING FOR VOLUNTEERS TO PLAN THE MONTHLY PROGRAMS AND COORDINATE HIKING OUTINGS. PLEASE CONTACT JANET KOWALSKI OR MARY SCHRAVEN.

Next year’s picnic is Saturday, June 11th, 2016 at Chestnut Ridge Park, Commissioner’s Cabin.

Conservation Corner  Lynn Rehfeld-Kenney, Chair

THANK YOU to Ellen Gibson, Janet Kowalski and Jay Whopperer for making a difference with picking up 5 large bags of garbage along the roads around the Tillman Wetlands area.

Conservationist of the Year Award: It is with great pleasure that the award was presented to Art Klein. Art has been an ADK member since the 1980’s and has been a chapter and Conservation Committee chairperson. His work at the Army Corp of Engineers provided him with special insight into preserving wetlands and waterways. He investigates what is happening and formulates letters and articles to inform and alert the politicians about what needs to be done to preserve the environment. His advice is that you can make a difference, just get out there and let your voice be heard.

There will be no meetings this month. The Conservation Committee meetings will start again in September. Attacks on the environment never stop. Help us by joining the Conservation Committee.
Waterway’s Committee

The Waterways (Paddling) Committee has met and gotten started on this year's schedule of outings. There are several trips planned (see trip descriptions elsewhere in this newsletter). The preliminary paddling schedule is also here for your perusal. I hope to see good participation in these events. I have sent an e-mail message to 45 paddlers known to me. If you are interested in taking part in our activities this summer and did not get the e-mail, please contact me with your contact information.
Richardschraven1@gmail.com (716) 564-2106

<table>
<thead>
<tr>
<th>Date</th>
<th>Outing Location</th>
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<th>Trip Leader</th>
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<tr>
<td>July 4th</td>
<td>Niagara River from Lewiston to Youngstown</td>
<td>Day paddle outing</td>
<td>Bob Van Hise</td>
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<tr>
<td>July 11 &amp; 12</td>
<td>Allegheny River near Warren, PA</td>
<td>Beginner canoe/camp</td>
<td>Richard &amp; Mary Schraven</td>
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<tr>
<td>July 12 - 18</td>
<td>Beaver River Canoe Route, western Adirondacks</td>
<td>Seven day Women's canoe/camp trip</td>
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<tr>
<td>Saturday, July 18th</td>
<td>Sturgeon Point Paddle</td>
<td>Lake Erie shore day-outing/picnic</td>
<td>Peg Wantuck</td>
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<tr>
<td>Wed. July 22</td>
<td>Grand Island to Strawberry Island</td>
<td>Moving water from foot of Ferry Rd., G.I.</td>
<td>Schravens</td>
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<tr>
<td>July 25-30</td>
<td>ADK Paddle outing at Paul Smith's College</td>
<td>Multi-day dorm-stay with daily paddle trip choices</td>
<td>Marilyn Gillespie at ADK</td>
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<tr>
<td>August 15 to 19</td>
<td>Killarney Provincial Park</td>
<td>Five day canoe interior trips</td>
<td>Richard Schraven</td>
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<td>August 22 (Sat)</td>
<td>Lockport Locks Paddle</td>
<td>Flat water</td>
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<td>August 28th to 30th (Friday to Sunday)</td>
<td>Low's Lake Paddle/Camp Trip</td>
<td>Flat water, hiking and camping</td>
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<td>October 31</td>
<td>Ellicott Creek</td>
<td>Flat water Paddle &amp; Halloween Party</td>
<td>Richard &amp; Mary Schraven</td>
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List of possible paddle venues from Wilderness Weekends in Western New York:

1. Algonquin Provincial Park
2. Allegany State Park
3. Allegheny National Forest (River)
4. Beaver Island State Park
5. Bond Lake (Niagara County)
6. Black Creek (Monroe County)
7. Black Creek (of Niagara River in Ontario)
8. Buckhorn Island State Park
9. Buffalo Creek
10. Buffalo River
11. Cassadaga-Conewango Waterway
12. Cassadaga Lakes
13. Cattaraugus Creek
14. Cazenovia Creek
15. Clarion River
16. Elk Creek
17. Ellicott Creek
18. Finger Lakes
19. Ganargua Creek
20. Genesee River (several sections)
21. Grand River (several sections in Ontario)
Well, now that the semester is over, I can report on the meeting of the Bicycling Committee and give you more details on this year's schedule of outings.

Here are the 3 main questions we discussed at our organizational meeting, with the answers:

1) What makes ADK biking unique? INCLUSIVENESS, of many varied abilities, ages, bike types, clothing types; SAFETY – We follow the rules of the road, prefer bikeways and bike routes, wear helmets, help each other make sure our bikes are in good operating condition, and stick together; LOCAL TOURISM – We go to fun places and events throughout WNY and Southern ON; SOCIALIZATION – We get to know and talk to each other before, during, and after our rides.

2) What have we done in the past that you'd like to see continued? A "laid back", non-competitive tone, no hassles, food stops, combining biking with hiking or paddling or swimming, going to events/attractions, and riding on bikeways.

3) What would you like to see changed? Having more leaders, better pre-screening of riders, more riders having their own spare tube and/or repair kit.

Additionally, we noted how well bicycling fits into the "ADK C.A.R.E.S." mission on every point: Conservation, Advocacy, Recreation, Education and Stewardship!

There are several trips already planned (see trip descriptions elsewhere in this newsletter) as well as many proposed below. If you want to add a trip (see suggestions) to this list or volunteer to lead a trip please submit your desired rides and/or dates to me.

Biking Co-Chair, Paul Kochmanski 895-7712 kochmanski@ecc.edu

Sat. 7/11 or Sun 7/12 Taste of Buffalo, leader needed
Wed. 7/15 Bike and Hike to Niagara Glen, Ontario, Richard Schraven
Sun. 7/19 Niagara Falls to Devil's Hole State Park, Carolyn Kerr
Sat. 7/25 Grand Island Loop, leader needed
Sun. 7/26 Tonawanda Canal Fest, http://www.canalfest.org leader needed
7/25 SAT BIKE - Eighteen Mile Creek in Hamburg - some hills, Cheryl Peluso
Sat. 8/1 Canal Days Marine Heritage Festival (Fort Erie to Port Colborne) http://portcolborne.ca/page/canal_days days) Paul Kochmanski
Sat. 8/9 Niagara-on-the-Lake Peach Fest, http://www.niagarafallstourism.com/events/peach-festival/) leader needed
Sat. 8/8 Lewiston Art Fest (http://www.artcouncil.org/events/artfestival.php) leader needed
Sat. 8/15 Scottish Festival & Highland Games (Buffalo Niagara Heritage Village) http://bnhv.org/scottish/ leader needed
Sat. 8/22 Ride TBA, Ron Dorr
8/29 – 30 open
9/5 - 7 open
Sat. 9/12 Lewiston Peach Fest http://lewistonkiwanis.org/ncpf.html Ron Dorr
Sun. 9/13 Niagara Falls Blues Fest http://www.niagarafallsbluesfest.org/ leader needed
9/19-20 open
9/26-27 Genesee Valley Greenway, Tom Burkman, tentative
10/3-4 open
10/10-11 Oak Orchard River Road to Brown's Berry Patch, Richard Schraven, tentative

Wilderness Weekends in WNY Challenge

Look for the WWWNY patch symbol on all outings that are part of the challenge.
Want to know more? Check our website www.adk-nfc.org

Trip Descriptions

July

WED July 1, 8, 15, 22, 29 EVENING HIKES - Chestnut Ridge Park "Seufert Road Loop"
Cheryl Peluso Cherylpl17@verizon.net
This beautiful 4 mile loop, up and down several ravines, goes through the heart of this gem of a park. It affords great views into the ravines as well as going along a lovely creek area. This is a favorite hike of many who know the trails! In the past it was done as a "very fast hike' but this time we will be at a moderately brisk pace. We will NOT be going to the eternal flame. Meet at 6:20pm at Eternal Flame parking lot on route 277 a mile past the entrance to Chestnut Ridge park. It has white fencing like a former horse corral. If you reach Seufert Road then you have driven past the meeting spot. We will start the hike at 6:30

7/4 Saturday, Paddle outing on the lower Niagara River from Lewiston to Youngstown (B)
Bob Van Hise, adkpaddles.bvh@gmail.com, (716) 628-0355
We will launch early so you can be home in time for your picnic!
Be at the Lewiston launch ramp by 9 a.m. to drop off your boat. There is now a fee to launch a kayak or canoe ($4 the last time I checked). We will then drive to Youngstown to drop off cars and come back to launch. After a leisurely downstream paddle, anyone who's interested can drive back to Lewiston for lunch at The Silo restaurant.

7/5 Sunday, HIKE - Erie County Forest on Genesee Road in Sardinia
A Wilderness Weekends in Western New York outing
Cheryl Peluso 997-2349 cherylp17@verizon.net
One of Cheryl's favorite places for a day hike. Great woods, quiet and peaceful. Approx. 4 mile hike. Meet at 9AM at Park And Ride, Route 20A in Orchard Park exit off Route 219. If driving through Orchard Park be aware that there may be a parade happening that morning. Bring water and a snack. Email or call to reserve your spot.

7/11 & 12, Sat. to Sun.-Canoe/Kayak Trip (B) on the Allegheny River(C)
richardschraven1@gmail.com (716) 564-2106 & maryschraven1@gmail.com 946-7489
This is an easy one night paddle trip suitable for beginners and families. We will begin at the Betts Park Boat Launch downstream from Warren PA., after a two hour commute and an hour to spot cars at the take-out. We will paddle downstream for two hours to Crulls Island. This is one of the Federally-protected, Wilderness Islands along the Allegheny River. The island is 96 acres covered with river bottom forest made up of willow, sycamore and silver maple. There are paths to campgrounds with fire rings. We will camp here on Saturday night. After breakfast we will finish the trip with a two hour paddle to the takeout at the cottage of a friend. After lunch here, we will depart for home. There are no portages and we will do all our paddling with the current. This trip will be going through the Allegheny National Forest. There are several side trips possible on
this outing as hiking trails and community parks line the banks. Participants need their own canoe or kayak, camping equipment and appropriate water safety items. Canoes and camping equipment are available to rent from the Allegheny Outfitters in Warren, PA. There are no costs associated with this trip beyond the expenses of traveling and supplying your canoe/kayak and camping equipment. Interested participants, please contact me A.S.A.P.

7/12-18, Canoe/Camping, Beaver River Canoe Route, A Wilderness Weekends in Western New York outing
Carol Griffis 652-2547 carolpgriffis@gmail.com
Dear Ladies, I'm looking for a few companions for a week or so of canoe/camping, July 12-18. We'll make base camp at the Soft Maple Campgrounds and take day trips on the Beaver River Canoe Route. It's all flat water & easy paddling. I will be bringing my 9 year old granddaughter, Salah. She came with me last year and is eager to go again. The Camp is operated by Brookfield Power so you will not find it listed as a State park. It's very small and remote, has a nice sand beach and a clean rest-room with hot water showers. It's on the west edge of the Adirondack Park, south of Watertown and east of the small village of Croghan. You wouldn't have to stay the whole week if your schedule won't allow it. You don't have to know how to paddle, but for your own safety, I'd like you to be able to swim. We'll share the cooking and other chores. I have extra canoes, tents, sleeping bags, etc. This will be a leisurely, stress-free outing. A good time to retreat, rest, read, reflect...

7/15, Wednesday, Bike & Hike to the Niagara Glen, Ontario (B)
richardschraven1@gmail.com (716) 564-2106 & maryschraven1@gmail.com (716) 946-7489
We will drive to St Mary’s Hospital parking lot in Lewiston, NY. We will ride our bicycles across the Lewiston-Queenston Bridge and ride around the Bridge Commission building and cross directly onto the Niagara Recreational Trail. We will ride south to the Niagara Glen Park. This park provides a hike through a maze of trails to the Niagara River. At the river we will experience the power as the entire Great Lakes watershed is funneled through the narrow gorge. We can eat our lunch at a picnic table up top or sitting on a boulder next to the river as Jet-boats power through the huge rapids. We will follow the trails to the rim and our bikes and ride back to the bridge and our cars. While crossing the bridge is noticeably easier on a mid-week morning and going across on bicycles is much easier than in a car. Call for time and location of ride start. Bring: a bike in good working order, helmet, rear-view mirror is recommended, water bottle, dress for the weather possibilities, (high visibility), camera, bike emergency bag including first aid kit, spare tube for your bike, compact pump, lunch or snack, sun-block, lock & cable, bike horn, bell or whistle, passport or ID and cash.

7/18 Saturday, Sturgeon Point Paddle and Picnic (C)
Margaret Wantuck, mwantuck@buffaloschools.org 432-4473
Bring your canoes and kayaks for an afternoon of fun on Lake Erie. There will be a potluck picnic after the paddle. Beverages and grilled meats will be provided. Bring a salad or dessert and BYOB if you would like something else to drink. There is a sand beach for launching your canoe or kayak at Sturgeon Point. Dress for the weather and pfds are required. Call for the time and place and to help us get a count of how many to plan for.

7/19 SUN HIKE - Boutwell Hill State Forest
A Wilderness Weekends in Western New York outing
Cheryl Peluso 997-2349 cherylp17@verizon.net
Another one of Cheryl's favorite places for a day hike. Great woods, quiet and peaceful, some lovely ponds, wildflowers and birds too. Approx. 5 mile hike. Meet at 9:30AM at Bob Evans parking lot at the end of the Dunkirk/Fredonia exit of the thruway. Bring water and a lunch. Email or call to reserve your spot.

7/22 Wednesday, Evening Paddle from Foot of Ferry Rd., Grand Island to Strawberry Island (B)
richardschraven1@gmail.com 564-2106 & maryschraven1@gmail.com 946-7489.
This will be a relaxed paddle from the kayak and canoe launch site on Grand Island around Strawberry Island. It will finish well before dark. Bring your paddle essentials and call ahead of time for directions.

7/25 SAT BIKE - Eighteen Mile Creek in Hamburg - some hills
Cheryl Peluso 997-2349 cherylp17@verizon.net
One of Cheryl's favorite places for a bike ride. This road ride will follow quiet roads alongside Eighteen Mile Creek gorge. There will be some great views of the gorge and creek. In addition the ride will go through pastoral farmlands, hilly but beautiful. We will not be in a hurry as we travel the roads.. maybe AVERAGING 10 mph, that is about 12-14
m.p.h. on the flats and 5-7 m.p.h. on the hills. This time we will avoid Old Lakeshore Road as it is too narrow to be comfortable. Meet at 9am at parking lot at the corner of Long Avenue and East Eden Road in village of Hamburg (a block from Main St). We will stop for ice cream in the village after the ride. Call or email to reserve your spot and clarify expectations.

August

8/15 Saturday, to Wednesday, August 19th Canoe Pack & Hiking Trip - George Lake, Killarney Lake and O.S.A. Lake, Killarney Provincial Park, Ontario (A) RichardSchraven1@gmail.com (716) 564-2106 MarySchraven1@gmail.com (716) 946-7489

We will drive six hours to the George Lake Access Point to obtain our interior permit. The first day is spent at a campground on this lake. While paddling through George Lake you'll get a sense of Killarney's incredible landscape. You'll pass by smooth knobs of pink granite which continue along the lake's South shore. Ahead, you'll see high white rock cliffs, for which the park is famous-the La Cloche Mountains. On the second day, we paddle by the steep granite cliffs on our right to reach the short 80 metre (m.) portage to Freeland Lake. We go on to the 455 m. portage around the Chikanishing River to Killarney Lake. We will camp here two nights. The third day we can check out this large lake and hike on the portage trails and on the La Cloche Silhouette Hiking Trail, which was named after Franklin Carmichael's painting "La Cloche Silhouette" (c1939). This trail, opened in 1987, is dedicated to the memory of the Group of Seven artist (1893-1945). The next morning we paddle to the 130 m. portage to O.S.A. Lake, one of the most scenic spots in the park. It was named after the Ontario Society of Artists who worked with the government to have lands set aside to form the beginnings of Killarney Park. The ridges on the north and south sides of the lake can be climbed for a good view and for great photo opportunities. The last day, we paddle and portage back to Killarney Lake and then to Freeland Lake, George Lake and our departure. Each of the days will provide ample opportunity for hikes of the surrounding hills. This excursion involves 1200 metres of portaging plus 3800m. (with a side trip to Baie Fine) and 20 to 44 kilometres of paddling. Leaving from the George Lake Access point is convenient to the village of Killarney and Herbert's fish market for a terrific fish dinner and ice cream. We are limited to nine on an interior permit, so send your $20.00 deposit to reserve your spot to: Richard Schraven, 91 N. Parrish Drive, Amherst, NY 14228

Saturday, August 15th to Wednesday, August 19th Canoe Pack & Hiking Trip - George and Killarney Lake, Killarney Provincial Park, Ontario (A) RichardSchraven1@gmail.com (716) 564-2106 MarySchraven1@gmail.com (716) 946-7489 John Yates jyuca@yahoo.com 572-8852

This second reservation was obtained to increase the number of people who can experience this beautiful park from nine to eighteen. Both groups will drive the six hours to the Park office at George Lake to obtain their interior camping permits. This group will stay in their campsite for three nights and have ample opportunity to explore this and adjoining lakes by canoe and hike portage trails during the days. On the fourth day, they paddle by the steep granite cliffs on the right to reach the short 80 metre (m.) portage to Freeland Lake. Going on, they portage 455 m. around the Chikanishing River to Killarney Lake. They camp here for the night and go back to George Lake the next morning, but on the way, they can take a side trip to O.S.A. Lake and enjoy one of the most scenic spots in the park. This route involves about 20 kilometres of paddling (depending on available campsite location) and 1000m. of portaging. While this trip can be done in kayaks, their weight and limited carrying capacity make canoes a better choice. (Light-weight Kevlar canoes can be rented from Killarney Outfitters with in-park delivery available.) Leaving from the George Lake Access point is convenient to the village of Killarney and Herbert's fish market for a terrific fish dinner and ice cream. We are limited to nine on an interior permit, so send your $20.00 deposit to reserve your spot to: Richard Schraven, 91 N. Parrish Drive, Amherst, NY 14228. Before the trips, we will have a meeting of the participants and leaders to go over the route, equipment requirements and itineraries.

August Killarney Provincial Park Paddle Trip Update

Seventeen of the eighteen available spots for this trip had been reserved. Now, due to a health issue another spot is open. Please read the attached trip descriptions and if you have an interest in joining us, contact me. Anyone interested in doing a paddle/camp trip for the first time is encouraged to also check out our July 11-12 Allegheny River trip (trip description also attached). I can forward a sample checklist and interior canoe/camp guide.

8/22, Saturday, Lockport Locks Paddle (C)
Carolyn Kerr - stenolou@gmail.com or 716-553-4335
We launch from the Wide Waters Marina and do an easy, less than one mile paddle down to the locks. We'll "lock through" this engineering marvel in our kayaks or canoes, and then paddle a bit more up the canal into Pendleton. When we've had enough, we'll just turn around and "lock through" again. This is an easy, novelty paddle to give you the experience of going through the locks in a kayak or canoe. It is not difficult, but you must follow some instructions. There also can be some motor boat traffic along the canal, but they go relatively slow so you'll get just a little bit of their splash. PFD use is absolutely mandatory. Also, it is recommended that you bring a pair of rubber gloves as you have to hold onto gross, wet ropes while ascending and descending in the locks. Please contact me for meeting place and time.

8/22 Saturday, HIKE - Conservation Trail to Becker's Pond (B)
A Wilderness Weekends in Western New York Outing
Cheryl Peluso Cherylpl17@verizon.net 997-2349
Joint hike with Foothills Trail Club. Approximately 5 mile hike in Holland, New York. Meet at10:30amat Holland Willows parking lot on Savage Road off route 16 in Holland, NY. We will hike to Becker Pond, have lunch there and hike back to our cars. Bring water and a packed lunch. Hiking poles are recommended. Email or call to reserve a spot.

8/28 - 8/30 Fri to Sun, Canoe/Camping Trip, Lowes Lake
Kate Hacker, hackerks@gmail.com, 688-8618
Lows Lake is a beautiful wild lake near Tupper Lake. We will drive up early Friday morning and canoe in several miles until we find an open site. This will be a fast long paddle to get in so you will need to be an experienced paddler or ride with someone else who is. I can take up to 7 people. We will travel around the lake and take a hike and/or swim during the day on Saturday and then travel out on Sunday and take another hike on the way out. You will need to bring your own tents, food and other gear. Since the lake can be rough you should have at least a 12' boat. There will be one portage from the Bog River around a dam, and occasionally there are bogs that develop requiring a short carry. If you bring a kayak you have to be able to move it about .2 miles. I can give you information on what to bring. This is generally a leisurely fun outing where you may bring food and refreshments to share. A couple of people who have tandem boats have mentioned an interest in going. This will allow one or two people without adequate boats to come.

Trip Reports

April 25 Niagara Frontier Chapter Cleans Up the Niagara River Shoreline

I led a group of ADK-NFC members (photo) in a cleanup of the Niagara River shoreline at Squaw Island Park on Saturday, April 25. The event was sponsored by Buffalo Niagara Riverkeeper. We and others present collected a huge 'bounty' of trash, as shown in the photo. After the cleanup, some of us took an enjoyable hike along the Niagara River from Squaw Island Park to Broderick Park and out on the Bird Island Pier to Lake Erie. It was a great day!

David Kowalski
April 25th, Paddle of Black Creek in Monroe County

This was an early season paddle in which Janet Morrow and I joined the Genesee Valley Chapter’s (Rochester) paddle outing. It was a warm day, but the cold water temperature dictated the wearing of wet-suits. I had paddled Black Creek previously in the downstream direction from the Churchville Park put-in. This trip went up-stream into the Bergen swamp area. There were a few tight spots requiring squeezing under a bridge and partially downed trees and some portaging through muddy ground, but it was a pleasant trip with experienced paddlers from the GVC.

As we moved deeper into the swamp the stream narrowed and became shallower until we decided to stop, have lunch and turn around. One person tipped over and even though he was wearing a wet-suit, he had to paddle quickly to warm himself up. There are several paddle trips that our two chapters can do jointly, including Oak Orchard River and Allegany State Park.

Submitted by Richard Schraven

Janet Kowalski and Scott Scanlon at Royalton Ravines County Park

May 1st Royalton Ravines Hike with Scott Scanlon, Buffalo News Editor of the Refresh Section.

After seeing an article about the Finger Lakes Trail Hike series in the Buffalo News, I contacted the author, Scott Scanlon to introduce him to the Adirondack Mountain Club. We arranged a hike at Royalton Ravines in Gasport, NY. We were accompanied by News photographer Bobby Kirkham. It was a beautiful day adding to the visual appeal of the flowers, trees, waterfalls and other features of the park. I was joined by David and Janet Kowalski in telling Scott about the hiking, biking, paddling and winter activities ADK provides for its members. The Refresh article of May 9th was a three page spread promoting area outdoor clubs and our activities.

Submitted by Richard Schraven
Bird banding at Presque Isle Bird Festival

**May 8th to 10th Presque Isle Bird Festival trip with hikes, boat tour and bike ride.**

Eight of us drove to Presque Isle on Friday. We stayed in a beach house, a short drive from the Tom Ridge Environmental Center, which was the focal spot for the Audubon Society sponsored weekend. Presque Isle State Park in a peninsula that extends into Lake Erie near Erie Pennsylvania. It is an ideal spot to view song birds making their annual northward migration to Canada, New York and New England. Registration takes place on Friday with complimentary hors d’oeuvres, local craft beer and wine. Saturday morning we went to the bird banding, in which migrating birds are caught in nets, identified, cleaned of ticks, weighed, evaluated, banded, recorded, shown and described to the audience and released. We took a tour boat ride to see water birds, song birds and raptors (eagles). In the evening we attended the banquet followed by the featured speaker with power-point presentation. On Sunday, we rode our bicycles to the various high light features. Participation in the Festival with friends and meeting others with similar interest made this a very memorable outing. Next year’s festival will feature David Allen Sibley the illustrator of the commonly used Sibley’s Guides to Birds.

Submitted by Richard Schraven

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**June 7th paddle, Tonawanda Creek; lead by Gwen and Mitch Alegre**

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**June 14th ADK Picnic Bike Trip**

Six hearty souls did the Canalside Bike ride at the June 14 Picnic mostly in rain. Leaving the Bison Rod and Gun club and traveling on Ohio Street to Downtown, then getting on the bike path and going around the train terminal and through Canalside. The weather (and probably the Allentown festival) limited the people downtown so we were able to ride our bike over the Canalside bridges and visit the Shark girl.

From there we headed back to the $1 Ferry near Liberty Hound Restaurant and ferried back with bikes to the outer
harbor, where we headed south back on the outer harbor bike path to the First Ward underpass, over the Ohio Street Bridge and back to the Bison R&G club.

The rain stopped upon are arrival.

**Remember:** Our chapter has hiking poles available to members to borrow for free. It is a benefit of membership. Contact Cheryl Peluso 997-2349 or cherylp17@verizon.net for more information.

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**ADK BOOK CLUB Report Summer 2015**

The next ADK Book Club meeting is Wednesday, September 28 at 6:30 PM. We will be discussing *An American Tragedy* by Theodore Dreiser. This is a book of fiction, based on a true murder that took place in the Adirondacks. It is considered an American Classic, addressing social issues of the era that far exceed the thriller plot. It is long, so pace yourself and enjoy! The group will meet in the Meeting Room at the Eggertsville-Snyder Library Branch at 4622 Main St in Snyder, near the corner of Burroughs and Main.

**ADK READERS Schedule for 2015-2016**

- **September 30:** *An American Tragedy*, by Theodore Dreiser
- **October 28:** *Adirondack French Louie*, by Harvey Dunham
- **January 27:** *The Adirondack Reader*, edited by Paul Jamieson with Neal Burdick
- **February 24:** *The Healing Woods*, by Martha Reben
- **March 30:** *The Lure of the Labrador Wild*, by Dillon Wallace
- **April 27:** *Bellefleur*, by Joyce Carol Oates
- **May 25:** *Woodswoman II*, by Anne LaBastille

The library has many copies of *An American Tragedy*, and between 1-5 copies of the remaining selections. To purchase books, options include abebooks (some used and inexpensive), adirondack-books.com, amazon, or other options. The ADK chapter library also has some of these books.

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**New Members**

No new members were reported to us in May. Join the NFC-ADK at ADK.org

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**EXECUTIVE BOARD MEETING**

The Executive Board will meet on September 1st at 6:45 pm at the Julia Reinstein library. Any member is welcome to attend. Chairpersons who cannot attend should send a report to the Secretary, larry_beahan@roadrunner.com

**ADK-NFC WEBSITE**

Check out our website [www.adk-nfc.org](http://www.adk-nfc.org) for a calendar of future events and outings, conservation news, newsletters and upcoming programs.

**LIABILITY WAIVER**

The OFFICIAL ADK LIABILITY WAIVER FORM needs to be filled out and SIGNED in ink by EVERY participant at EVERY outing, WITHOUT EXCEPTION, BEFORE the outing begins! This also applies to all outing leaders and to all participants (members and non-members) on any ADK activity.

Forms are available through the ADK-NFC.ORG website at the bottom of the Home page. Completed forms can be submitted to Andy Urban or any Outing Co-Chair at the next meeting following the outing.

If leading a joint ADK outing with another group, ADK waiver forms must be signed by all participants, even non-
members, in addition to the other organization's waiver(s).

**MEMBERSHIP**
If you would like to join the Niagara Frontier Chapter you can sign up at a monthly meeting or online at ADK.org. If you sign up online don't forget to check that you want to join our chapter so the local chapter gets a portion of your dues.

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