

**ADIRONDACK MOUNTAIN CLUB
NIAGARA FRONTIER CHAPTER**
WWW.ADK-NFC.ORG

June 2015 Newsletter

June Annual Picnic and Meeting

Don't Miss This wonderful family event! Sunday, June 14, 2015

What: Annual Meeting and Family Picnic
When: 1:00 pm Arrival for snacks and soft drinks
Where: Bison City Rod and Gun Club on Ohio Street, Buffalo

Donations gratefully accepted!

This urban location for our annual picnic is designed to bring everyone down to the waterfront to enjoy the newly created public access of the outer and inner harbors! Bison City has a large, open shelter overlooking the river with lots of picnic tables as well as a cozy indoor hall for our use. Convenient put in for canoes and kayaks. Ohio Street construction will be completed and it is the link between the 2 harbors we cyclists have been waiting for. Children under 14 years of age must wear a life jacket when in the vicinity of the river. No swimming is permitted. No lifeguard is on duty. Many thanks to trip leaders and workshop presenters!

Outings begin at 1:30 to about 3:30, Choose from:

- Nature Hike with Lynn and Doug Kenney (to be confirmed)
- Biking along the Outer Harbor with JoAnn Ratajczak
- Paddling on the Buffalo River with Bob Bohner
- Hiking at nearby Tiff Farm Nature Preserve with Leslie Salute
- Combination outing with Carolyn Kerr with a short paddle on Buffalo River, biking on the bike path to Wilkenson Point and a walk on Times Beach. Some boats will be available to be borrowed if you would like to experience a beginner paddle and haven't gotten a boat yet.

Beautiful outdoor and indoor picnic facilities

Workshops begin at 4:00, Choose from:

- Lightweight backpacking with Paul Gannon
- Map and Compass usage with Andy Urban
- Canoe touring with paddling, portaging, and lightweight camping with Bob VanHise

Fabulous Potluck picnic dinner beginning at 5:00 pm

Your ADK club will provide hot dogs, cheeseburgers, veggie burgers and Italian sausage on the grill, rolls, condiments and soft drinks and coffee.

Please bring your own table setting, cups and flatware to reduce our waste production.

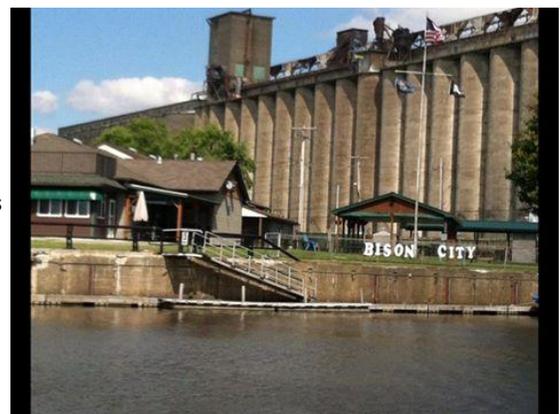
Please bring a dish to pass, appetizer or snack, salad, fruit or veggie side dish or dessert with a serving utensil.

Yard games like ladder toss, volleyball, CanJam would also be fun!

Annual meeting and Conservationist of the Year Award presentation at 6:30 pm

Thank you to all those who have agreed to help already! This year's picnic is sure to be our best one ever! Still looking for 6 people willing to arrive early to help set up and 6 people who love to be the last ones to leave the party and will help clean up!

Please email Maryschraven1@gmail.com if you would be willing to help, like to lead an outing, run a workshop, or just want to share a good idea with other outdoor enthusiasts! Maryschraven1@gmail.com or 716-946-7489



Recap of the May Program:

DOING IT THE GREEN WAY

Sam Magavern, attorney, advocate for the Public Good, and member of the Niagara Greenway Commission presented an articulate and historical overview of the Greenway Project. Fueled by optimism and funds from the Power Authority agreement, the Greenway vision includes world-class recreation spaces for the public to enjoy along the Niagara River from Lake Erie to Lake Ontario. Sam described how he became a member of the Commission, and also the challenges of working with public and private landowners to develop green waterfront access. Sam encouraged input from the active ADK audience about Greenway issues and was rewarded with an enthusiastic discussion session. Sam noted several opportunities for the public to voice their opinions on waterfront topics. Thanks to passionate advocates like Sam progress towards public access to waterfront park space will undoubtedly continue.
Submitted by Janet Kowalski

CONSERVATION CORNER Lynn Rehfeld-Kenney, Chair

Conservation Corner May 24, 2015

Fracking

New York State: Great News. The long awaited Final Supplemental Generic Environmental Impact Statement (Final SGEIS) was released on May 13, 2015, completing the environmental review of high-volume hydraulic fracturing (HVHF). We now wait for the "Findings Statement" which is the DEC's decision on what action the state will take based on this study.

The experts who have read the 2000 page report say the conclusion is obvious. There will be no HVHF fracking in New York State for now. The health risks as described in the study are too enormous.

Town of Amherst: The Amherst Town Board, at the urging of several Amherst citizens including, ADK members, has been considering a local Anti-fracking law for over a year. The law, besides it's symbolic importance, is pointed at keeping fracking waste from being used in de-icing streets, going through water treatment facilities or into waste dumps. After the discussion at the last Board meeting it appears likely that there will be a vote on the law at the June 1 meeting.

Niagara River Greenway

When Sam Magavern spoke to ADK at our last meeting, he clearly outlined the fact that the current Niagara River Greenway is not the Greenway that we had all anticipated. Instead of on an interconnected chain of parks, trails and green space along the Niagara River, the NY Power Authority relicensing funds have been spent miles from the river on in unrelated ways.

Sam described Legislation that he, Senator Mark Panepinto and Assemblyman Sean Ryan had worked on and which the legislators had introduced in Albany.

Neil Woodworth and John Gilowicz are reviewing this legislation to see what they can do in Albany to support it. S4824-2015:

Defines the boundaries of the Niagara river greenway. Please take a look at it at: <https://legiscan.com/NY/bill/S04824/2015>

Submitted by Larry Beahan



Trip Descriptions

June

6/6 Saturday, Morning Nature Hike at Hunters Creek Park

Lynn Rehfeld-Kenney, 825-7329

Morning Nature Hike at Hunter's Creek Park near East Aurora. Call Lynn at 825-7329 or woodthrush3@hotmail.com for details.

6/7 Sunday, Tonawanda Creek, Erie Canal Paddle(C)

Mitch and Gwen Alegregwenmay@roadrunner.com480-1159

We will put in at the Amherst Veteran's Canal Park, heading east and north toward Lockport and then back to the put-in. This is a flat water paddle, ideal for the early part of the season. Bring your kayak or canoe, paddle, bailer and sponge, personal flotation device (pfd), water bottle, snack or lunch, bow and stern lines (painters), sun protection and an interest in having a pleasant paddle with ADK friends. Call for details

6/14 ANNUAL PICNIC - See details at the top of this newsletter

**6/19, Friday, Moonlight paddle Buffalo River
Mary Durlak**

Watch for more details on this in the Weekly Update!

**6/20-6/21 Saturday & Sunday, Camp and Paddle Red House Lake in Allegany State Park in support of swimmers in the Pain in the Alleghenies Triathlon (C)
richardschraven1@gmail.com 564-2106**

The Genesee Valley (Rochester) Chapter of ADK is seeking help in supporting the swimmers in this event (see below). Since ASP is closer for us, I envision going down on Saturday to hike, bike or paddle and staying over Saturday night. We would then help out with the Triathlon event Sunday morning and the either go home or do another activity before going home. If interested let me know your ideas.

"Rich,

Another adventure that might be of interest is an event we do down in Allegheny State Park.

We have a number of paddlers that have agreed to assist in five events across western NY.....four of these events are triathlons. We have become a major part of the water safety for the swimming portion of the triathlon (the first of three eventsswimming, biking, running). The event in Allegheny is called (Pain in the Alleghenies) and is June 21st this year. We are camping out down in the park on Saturday and then have to be over to Red House Lake very early Sunday morning. The extent of our duties is to watch over the swimmers while they complete their swim. Sounds easy.....as most of the time you just sit there watching the swimmers....but the swimming portion is always the most challenging event for the swimmers. Open water swimming is much different than swimming in a pool and some swimmers get disoriented. We have not had many issues with the event in Allegheny but there is always a few people who need assistance. We have not had an outright rescue required....usually it is just letting a swimmer hold onto the front of your boat for a minute and then they go on.

Anyway.....if any of your paddlers can help it would be great as it is a very long drive for us and it limits the amount of people we get to help us.

Our camping trip down there is going to be Saturday thru Monday and we plan to paddle parts of the reservoir on Saturday and Sunday afternoons(Sunday will be after we return from the Triathlon). Typically Monday we just pack up and head home.

If you know of anyone that might want to join up with us we can certainly use the help and companionship for both the paddling and the triathlon.

Thanks

Charlie Helman
ADK-GVC Waterways"

**6/11, 18, 25 Thursday, Buffalo River Paddle (C)
richardschraven1@gmail.com 564-2106 maryschraven1@gmail.com 946-7489**

Put in at Mutual Riverfront Park at 6:30. We will paddle down-stream to the inner harbor. There are a variety of sights and activities around the Buffalo Waterfront including the Thursday at the Harbor concerts: While Mary and I will lead this event, we could have weekly paddle on Thursday evenings with other volunteers from the Waterways Committee as coordinator. The venue could be one of the several places in W.N.Y. that would be suitable for an evening paddle, such as: Ellicott Creek, Tonawanda Creek (at several different put-ins) Niagara River from put-ins on Grand Island.

Thursday at the Harbor Concert Schedule

- June 4: Matt and Kim with Bearstronaut and Made Violent
- June 11: Arkells with Robert DeLong and Milo Greene
- June 18: Everclear with Fuel and American HiFi
- June 25: Spoon with July Talk
- July 2: The Sheepdogs with Yonder Mountain String Band
- July 9: Mighty Mighty Bosstones
- July 16: The BPO "Buffalo's All-Star Tribute to Stevie Wonder"
- July 23: Bad Fish "A Tribute to Sublime" and Reel Big Fish
- July 30: Iron and Wine with Ben Bridwell
- August 6: Umphrey's McGee and Aqueous
- August 13: Get The Led Out "The American Led Zeppelin"
- August 20: EnVogue

July

7/11 & 12, Sat. to Sun. -Canoe/Kayak Trip (B) on the Allegheny River(C) richardschraven1@gmail.com (716) 564-2106 & maryschraven1@gmail.com 946-7489

This is an easy one night paddle trip suitable for beginners and families. We will begin at the Betts Park Boat Launch downstream from Warren PA., after a two hour commute and an hour to spot cars at the take-out. We will paddle downstream for two hours to Crulls Island. This is one of the Federally-protected, Wilderness Islands along the Allegheny River. The island is 96 acres covered with river bottom forest made up of willow, sycamore and silver maple. There are paths to campgrounds with fire rings. We will camp here on Saturday night. After breakfast we will finish the trip with a two hour paddle to the takeout at the cottage of a friend. After lunch here, we will depart for home. There are no portages and we will do all our paddling with the current. This trip will be going through the Allegheny National Forest. There are several side trips possible on this outing as hiking trails and community parks line the banks. Participants need their own canoe or kayak, camping equipment and appropriate water safety items. Canoes and camping equipment are available to rent from the Allegheny Outfitters in Warren, PA. There are no costs associated with this trip beyond the expenses of traveling and supplying your canoe/kayak and camping equipment. Interested participants, please contact me A.S.A.P.

**7/12-18, Canoe/Camping, Beaver River Canoe Route, A
Carol Griffis 652-2547 carolpgriffis@gmail.com**

Dear Ladies, I'm looking for a few companions for a week or so of canoe/camping, July 12-18. We'll make base camp at the Soft Maple Campgrounds and take day trips on the Beaver River Canoe Route. It's all flat water & easy paddling. I will be bringing my 9 year old granddaughter, Salah. She came with me last year and is eager to go again. The Camp is operated by Brookfield Power so you will not find it listed as a State park. It's very small and remote, has a nice sand beach and a clean rest-room with hot water showers. It's on the west edge of the Adirondack Park, south of Watertown and east of the small village of Croghan. You wouldn't have to stay the whole week if your schedule won't allow it. You don't have to know how to paddle, but for your own safety, I'd like you to be able to swim. We'll share the cooking and other chores. I have extra canoes, tents, sleeping bags, etc. This will be a leisurely, stress-free outing. A good time to retreat, rest, read, reflect...

August

Saturday, August 15th to Wednesday, August 19th Canoe Pack & Hiking Trip - George Lake, Killarney Lake and O.S.A. Lake, Killarney Provincial Park, Ontario (A) RichardSchraven1@gmail.com (716) 564-2106 MarySchraven1@gmail.com (716) 946-7489

We will drive six hours to the George Lake Access Point to obtain our interior permit. The first night is spent at a campground on this lake. While paddling through George Lake you'll get a sense of Killarney's incredible landscape. You'll pass by smooth knobs of pink granite which continue along the lake's South shore. Ahead, you'll see high white rock cliffs, for which the park is famous-the La Cloche Mountains. On the second day, we paddle by the steep granite cliffs on our right to reach the short 80 metre (m.) portage to Freeland Lake. We go on to the 455 m. portage around the Chikanishing River to Killarney Lake. We will camp here two nights. The third day we can check out this large lake and hike on the portage trails and on the La Cloche Silhouette Hiking Trail, which was named after Franklin Carmicheal's painting "La Cloche Silhouette" (c1939). This trail, opened in 1987, is dedicated to the memory of the Group of Seven artist (1893-1945). The next morning we paddle to the 130 m. portage to O.S.A. Lake, one of the most scenic spots in the park. It was named after the Ontario Society of Artists who worked with the government to have lands set aside to form the beginnings of Killarney Park. The ridges on the north and south sides of the lake can be climbed for a good view and for great photo opportunities. The last day, we paddle and portage back to Killarney Lake and then to Freeland Lake, George Lake and our departure. Each of the days will provide ample opportunity for hikes of the surrounding hills. This excursion involves 1200 metres of portaging plus 3800m. (with a side trip to Baie Fine) and 20 to 44 kilometres of paddling. Leaving from the George Lake Access point is convenient to the village of Killarney and Herbert's fish market for a terrific fish dinner and ice cream. We are limited to nine on an interior permit, so send your \$20.00 deposit to reserve your spot to: Richard Schraven, 91 N. Parrish Drive, Amherst, NY 14228

**Saturday, August 15th to Wednesday, August 19th Canoe Pack & Hiking Trip - George and Killarney Lake, Killarney Provincial Park, Ontario (A) RichardSchraven1@gmail.com (716) 564-2106 MarySchraven1@gmail.com (716) 946-7489
John Yates jyucca@yahoo.com 572-8852**

This second reservation was obtained to increase the number of people who can experience this beautiful park from nine to eighteen. Both groups will drive the six hours to the Park office at George Lake to obtain their interior camping permits. This group will stay in their campsite for three nights and have ample opportunity to explore this and adjoining lakes by canoe and hike portage trails during the days. On the fourth day, they paddle by the steep granite cliffs on the right to reach the short 80 metre (m.) portage to Freeland Lake. Going on, they portage 455 m. around the Chikanishing River to Killarney Lake. They camp here for the night and go back to George Lake the next morning, but on the way, they can take a side trip to O.S.A. Lake and enjoy one of the most scenic spots in the park. This route involves about 20 kilometres of paddling (depending on available campsite location) and 1000m. of portaging. While this trip can be done in kayaks, their weight and limited carrying capacity make canoes a better choice. (Light-weight Kevlar canoes can be rented from Killarney Outfitters with in-park delivery available.) Leaving from the George Lake Access point is convenient to the village of Killarney and Herbert's fish market for a terrific fish dinner and ice cream. We are limited to nine on an interior permit, so send your \$20.00 deposit to reserve your spot to: Richard Schraven, 91 N. Parrish Drive, Amherst, NY 14228. Before the trips, we will have a meeting of the participants and leaders to go over the route, equipment requirements and itineraries.

**8/22, Saturday, Lockport Locks Paddle (C)
Carolyn Kerr - stenolou@gmail.com or 716-553-4335**

We launch from the Wide Waters Marina and do an easy, less than one mile paddle down to the locks. We'll "lock through" this engineering marvel in our kayaks or canoes, and then paddle a bit more up the canal into Pendleton. When we've had enough, we'll just

turn around and "lock through" again. This is an easy, novelty paddle to give you the experience of going through the locks in a kayak or canoe. It is not difficult, but you must follow some instructions. There also can be some motor boat traffic along the canal, but they go relatively slow so you'll get just a little bit of their backsplash. PFD use is absolutely mandatory. Also, it is recommended that you bring a pair of rubber gloves as you have to hold onto gross, wet ropes while ascending and descending in the locks. Please contact me for meeting place and time.

8/28 - 8/30 Fri to Sun, Canoe/Camping Trip, Lowes Lake

Kate Hacker, hackerks@gmail.com, 688-8618

Lowes Lake is a beautiful wild lake near Tupper Lake. We will drive up early Friday morning and canoe in several miles until we find an open site. This will be a fast long paddle to get in so you will need to be an experienced paddler or ride with someone else who is. I can take up to 7 people. We will travel around the lake and take a hike and/or swim during the day on Saturday and then travel out on Sunday and take another hike on the way out. You will need to bring your own tents, food and other gear. Since the lake can be rough you should have at least a 12' boat. There will be one portage from the Bog River around a dam, and occasionally there are bogs that develop requiring a short carry. If you bring a kayak you have to be able to move it about .2 miles. I can give you information on what to bring. This is generally a leisurely fun outing where you may bring food and refreshments to share. A couple of people who have tandem boats have mentioned an interest in going. This will allow one or two people without adequate boats to come.

TRIP REPORTS



Picture from the 5/2 Adopt-A-Highway Clean-up Hike at the Tillman Road State Wildlife Management Area in Clarence



Picture from the Spring Wildflower Walk, Emery Park on 5/3

L to R: David Kowalski, Erin Redding, Joe (?)
(Janet Kowalski photo)

On a beautiful spring day we identified over 23 wildflower species. One hiker was thrilled to add the Sharp-lobed Hepatica to his 400+

life list!

Note: Erin actually biked from Buffalo (2.5 hours each way) to lead this hike!

Pictures from the 5/17 hike at the Niagara Whirlpool: Dave, and Paul. 5/17/15



Sally

New Members

Welcome to the following new members who joined in April!

4 new Families:

James and Darlene Reichert

Sarah and Donald Rodriguez Judith and Richard Thunhorst

Mark Sorel

12 Individuals:

Mark Alvu

Tom Lawless

Mary Birmingham

Sarah Metger

K Bissett

Jeffrey Murray

Timothy Domanski

Glynn Richardson

Jennifer Geiger-Brown

Nelson Smoczynski

Lisa Horlein.

Blair Webster

Adirondack
ADK
Mountain Club

EXECUTIVE BOARD MEETING

The Executive Board will meet on June 2nd at 6:45 pm at the Julia Reinstein library. Any member is welcome to attend. Chairpersons who cannot attend should send a report to the Secretary, larry_beahan@roadrunner.com

ADK-NFC WEBSITE

Check out our website www.adk-nfc.org for a calendar of future events and outings, conservation news, newsletters and upcoming programs.

LIABILITY WAIVER

The OFFICIAL ADK LIABILITY WAIVER FORM needs to be filled out and SIGNED in ink by EVERY participant at EVERY outing, WITHOUT EXCEPTION, BEFORE the outing begins! This also applies to all outing leaders and to all participants (members and non-members) on any ADK activity.

Forms are available through the ADK-NFC.ORG website at the bottom of the Home page. Completed forms can be submitted to Andy Urban or any Outing Co-Chair at the next meeting following the outing.

If leading a joint ADK outing with another group, ADK waiver forms must be signed by all participants, even non-members, in addition to the other organization's waiver(s).

MEMBERSHIP

If you would like to join the Niagara Frontier Chapter you can sign up at a monthly meeting or online at ADK.org. If you sign up online don't forget to check that you want to join our chapter so the local chapter gets a portion of your dues.

Executive Committee Members

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Bruce Lockwood

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Outings Co-Chairs

DAY HIKES

(Apr - Nov)
New co-chair needed!

WATERWAYS

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