



ADIRONDACK MOUNTAIN CLUB NIAGARA FRONTIER CHAPTER

WWW.ADK-NFC.ORG

September 2015 Newsletter

WANTED! Your pictures!



What are you doing this summer? Whatever adventure you choose, please bring your camera, take lots of shots and be ready to share at our September meeting. Whether it's the trip or a lifetime or a paddle, day hike or a bike ride right around the corner your ADK friends want to see your pictures! Sharing our vacation shots at the September meeting is even more fun than Facebook or Instagram. You get instant feedback, and the screen is a lot bigger than anyone's PC!

So review those pictures and later this month get them to Doug Gaffney, who is the director of our September program. Please pick your ten best pictures (only 10 please!). You can email them to Doug at dgaffney@roadrunner.com. Or you can mail a disc with a minimal file size to Doug at:
830 George Urban Blvd.
Cheektowaga, NY, 14255

Important!!! The deadline to get the pictures to Doug is Sunday September 6th

Keep taking pictures and save the date: September 8, 2015. See you there!

General Meeting & Ice Cream Social

Tuesday, September 8th

Ice Cream Social 6:45 - 7:30

General Meeting – Your pictures! 7:30 - 9:00

77 Washington Highway, Snyder Amherst Community Church

NOTE: Please park in rear and enter through back door.

After a couple of months without meetings it's so much fun to come back and share our summer stories at this first meeting of the season. **Also there will be ice cream!!!** Come, share, meet, see and hear about adventures and places to go! See you there!

Upcoming Programs:

October 13: Joe Allen: The Story of the American Wolf

UB Instructor and wolf expert, leads adventurous wolf viewing trips to Yellowstone

November 10: Bill Cooke: Adventures on the Colorado Trail

Author, hiker, photographer, and engaging speaker on his experiences on the Colorado Trail

December 8: Holiday Potluck Dinner

Conservation Corner Lynn Rehfeld-Kenney, Chair

The September Conservation Committee meeting will be held at JoAnn Zurek's home on Tuesday, September 15th at 7:00pm. Call #675-1689 for directions. There will be a light meal to enjoy at 6:30pm to welcome people back from our summer break. Call in advance so we know how many people will be there. Bring ideas for projects or areas of concern that we might want to get involved with for this coming year. Anyone interested in finding out about the conservation committee is welcome to join us. Get up to date information on environmental issues that are going on in our community.

ADK is a member of the Niagara River Greenway Commission and is an active member of the Greenway Ecological Committee. The committee provides input into what projects receive funding. This year the Niagara River Greenway Habitat Improvement projects included wetland rehabilitation at Beaver Island, eradication of invasive species, building fish attraction sites in the river, rehabilitation of Niagara River islands and installing poles for osprey nests. Soon you will be able to check out pictures of the current projects compiled by Tim DePriest, Chairman of the Greenway Ecological committee, on the conservation section of the ADK website www.adk-nfc.org.

Fall clean-up: Help is needed for the Adopt-A-Highway clean up along the road sides by the Tillman Wetlands Area on Saturday September 19th. This has been a very successful program for almost 20 years and we need your help in keeping it going. See the trip description section for details.

Niagara River Habitat Improvement Projects:

ADK is a member of the Niagara Relicensing Environmental Coalition, NREC and the Niagara River Greenway Ecological Standing Committee. The Standing Committee working with the NY Power Authority since 2007 has completed a series of Habitat Improvement Projects in the Niagara River. The projects include wetland rehabilitation at Beaver Island, eradication of invasive species at Buckhorn Island, building fish attraction sites in the river, rehabilitation of Niagara River islands and installing osprey nesting poles. Tim DePriest, Chairman of the Greenway Ecological Standing committee put together a slide collection to illustrate this work. Take a look at what we have accomplished here:

Attacks on the environment never stop. Join the Conservation Committee to see how you can help.

Help Needed Submitted by Mary Schraven and Janet Kowalski

"ADK is a wonderful organization with so many facets that are aligned to my core values of protecting the environment, exercising and having fun in the beautiful natural areas of WNY (and beyond) and meeting educated and knowledgeable people with similar interests! Perhaps you, too are getting to know your local chapter and would like to get more involved. There are 2 important leadership positions currently needing to be filled: program chairperson and a hiking co-chairperson. Below is a brief description of each position. If you would like more information about volunteering for these or other positions, please contact Mary Schraven at maryschraven1@gmail.com 716-946-7489 or Janet Kowalski at janet300@gmail.com.

Program Chairperson is an elected position held for 2 years. Currently, we are needing to appoint a temporary replacement for the remaining 1 year term. Main responsibilities include: planning the program for the monthly meetings held every 2nd Tuesday at the Amherst Community Church. Speakers need to be contacted and a description of the program is placed in the newsletter and sent out as part of the weekly email reminders. The club is looking for someone who is good at organizing and handling details. There are many individuals willing to assist a new program chairperson along with a long list of potential topics, speakers and related organizations. Many thanks go to Janet Kowalski, who has been the program chairperson this last year! She has done an excellent job bringing in new topics, and providing very interesting speakers each month. Janet has already lined up many speakers for the upcoming year. She has agreed to take the position of Chapter Chairperson starting in September and so steps down

from Program Chairperson.

Hiking Co-Chairperson is an appointed position who works in conjunction with the Outings Chairperson to organize trip leaders for day hiking. Responsibilities generally include calling an organizational meeting, inviting hikers from the club to sign up for various outings, supporting the trip leaders in writing trip descriptions to be included in the monthly newsletter and weekly email reminders. The club is looking for someone who hikes frequently, enjoys helping others develop their leadership skills, and has good organizational skills. "

Waterway's Committee, Richard Schraven

The Waterways (Paddling) Committee had a successful season this year with many trips and new faces. The last outing will be on Halloween when we will do our annual paddle and party where everyone dresses up and paddles Ellicott Creek and then comes to our house for a potluck party. A great way to end the season!

Submitted by Richardschraven1@gmail.com (716) 564-2106

<u>Date</u>	<u>Outing Location</u>	<u>Type</u>	<u>Trip Leader</u>
October 31	Ellicott Creek	Flat water Paddle & Halloween Party	Richard & Mary Schraven

Bicycling Committee, Paul Kochmanski

There are several trips planned (see trip descriptions elsewhere in this newsletter) as well as many proposed below. If you want to add a trip (see suggestions) to this list or volunteer to lead a trip please submit your desired rides and/or dates to me. Biking Co-Chair, Paul Kochmanski 895-7712 kochmanski@ecc.edu

9/5-7 open

Sat. 9/12 Lewiston Peach Fest <http://lewistonkiwanis.org/ncpf.html> Ron Dorr

Sun. 9/13 Niagara Falls Blues Fest <http://www.niagarafallsbluesfest.org/> Richard Schraven

Sat. 9/19 Explore Buffalo Outer Harbor Karl Minklei

9/26-27 Genesee Valley Greenway, Tom Burkman, tentative

10/3-4 open

10/10-11 Oak Orchard River Road to Brown's Berry Patch, Richard Schraven, tentative



Wilderness Weekends in WNY Challenge

Look for the WWWNY patch symbol on all outings that are part of the challenge.

Want to know more? Check our website www.adk-nfc.org



ADK Fall Outing October 2-4, 2015

This Fall, Explore the Magnificent Hudson River Valley Region with People Who Call It Home. Members of the Mid Hudson Chapter of the Adirondack Mountain Club invite all ADKers, their families and friends, to join a weekend of guided hikes, paddles, bike rides, and visits to historic and cultural sites in the colorful Hudson Valley region, October 2-4, 2015. Activities are planned for varied skill levels and interests.

The Hudson River Valley is beautiful all year and especially magical in the fall. Come and explore the colorful, unique areas, some seldom seen by the public. The Mid Hudson Chapter will be your guides. Treat yourself to a spa and feast with fellow Club members! On Friday evening, join us at Robibero Winery for a picnic supper of local fare catered by Adam Fair Acre Farms. Enjoy sandwiches, salads, cheese, fruit and local apple cider. Soda, water, coffee and tea included. On Saturday evening we will have the Banquet this year featuring the President's Dinner.

Sign up through the following link: [ADK FALL OUTING](#). **You must register online by Sept. 15th.** Links to the outings, schedule, and FAQs can be found there. To learn about the area see: [Hudson Valley](#)

Introducing The 46ers Film at North Park Theatre in Buffalo

I'm sure by now you've heard about The 46ers Film, a documentary about the Adirondack High Peaks and the hikers who climb them. The film has been in the works over the last couple years and its premiere was at the end of August. Following the big premiere in Newcomb, Director Blake Cortright will be traveling across the state to be present for additional showings.

Rob Rezin & I wanted make the chapter aware that the film will be showing at the North Park Theatre (1428 Hertel Ave) in Buffalo on Saturday, September 26th, at 11:30am. Tickets are \$10 each, \$7 for seniors. This is a great idea for a social outing if anyone from the chapter wants to "lead" it and get a group of ADKers together for the showing.

Since we anticipate a lot of outdoorsy folks going to the movie, we wondered if the chapter would be interested in having a table at the event (similar to a membership drive, put out brochures & info, spread word about ADK), with a couple volunteers to run it. If so, please let me know so we can help coordinate it with the director and theater.

If you're not interested in doing a table, EMS has offered to put ADK's brochures out on their table, as they plan to be at most showings, so let us know either way.

For more information about the movie and screenings, visit [The 46ers Film](#).

Thanks!

Stephanie Gaudons
Young Member Outreach Coordinator
Adirondack Mountain Club

Trip Descriptions

September

9/12 Sat, Hike - Little Rock City, Ellicottville, NY (B)

Co-leaders JoAnn Ratajczak jkish45@yahoo.com (400-1030) or Cheryl Peluso at cherylp17@verizon.net

Meeting at Coffee Culture in Ellicottville at 11:00, or meet to car pool at Park & Ride on Rt. 20a at Rt. 219 by 10:15 (contact Cheryl)

This favorite hike is made up of a combination of several really nice trails to make a 6.5 mile loop hike. It goes through some lovely forest areas each a little different in nature than the one before it, as well as through Little Rock City. In addition, there is a dramatic area of tornado blowdown that is just amazing to see. Pack a lunch and water

9/12 Saturday, BIKE - Lewiston Peach Fest & Fort Niagara State Park (B) 20 miles Ron Dorr 693-6832

Much of the route will be on bike paths and park roads. From Lewiston we'll peddle north on a bike path, then over to the rim of the lower Niagara River gorge. At Youngstown we will loop east then up to Lake Ontario and ride along the lake to Fort Niagara State Park where we will break for lunch and enjoy the view of the lake. Much of the return route to Lewiston will be on the bike path along the river. After the ride, anyone interested in the Peach Fest can browse the grounds and treat themselves to peach shortcake while enjoying the sights and sounds of the fall festival. Bring a bike in good working condition, a spare inner tube, water, lunch (food is not available at Ft. Niagara), and a lock. Helmets are required. Call for precise meeting location and meeting time.

9/13 SUN – Bike to Dufferin Islands & Niagara Falls Blues Festival (C) (15 miles on level bike paths and roads) Richard Schraven 564-2106 rschraven@roadrunner.com

We will ride from LaSalle Riverfront Park, at the north end of the North Grand Island Bridge, along the Niagara River Bike Path to the Rainbow Bridge, cross to Niagara Falls, Ontario and south along the river to Dufferin Island Park. We will linger here with a snack and then return to the Rainbow Bridge, stopping along the way to view the falls from the Canadian side. After returning to Niagara Falls, New York, we will ride on to enjoy the bands performing at the Niagara Falls Blues Festival.

Requirements: A bicycle in good working order, Passport or Enhanced Driver's License for border control, water bottle, snack, tool kit with equipment for fixing a flat tire and an approved bike helmet. Call ahead for time and location of

ride start.

9/15 TUE – Deadline for registering for the [ADK Fall Outing](#)

To know more see the section above, or previous page, for more information or click the link shown here.

9/19 SAT – Adopt a Highway Clean-up/Hike, Tillman Road State Wildlife Management Area, Clarence (A), Raindate – Sunday 9/20

Lynn and Doug Kenney (716) 825-7329

Make a difference! Join us for the **Fall** Adopt-A-Highway clean-up. Volunteers are needed to pick up litter along the roadsides surrounding the Tillman Wetlands area in Clarence. Meet at 10:00AM in the Shisler Road parking lot located at the eastern end of Wehrle Drive. Garbage bags are supplied. Bring work gloves. Clean-up takes about 2 hours. You only need to call if you plan on joining us for a hike through the wildlife area afterwards. If you will be joining the hike bring along a bag lunch. We will eat in-between the clean-up and the hike.

Day of the hike call our cell phone 361-6172.

9/26 Sat, Hike - Zoar Valley Valentine Flats (B)

Co-leaders JoAnn Ratajczak jkish45@yahoo.com or 400 1030 or John Sander bifrost3@roadrunner.com or (716-832-4285) or Pam's cell (445-3879)

We will meet at the Tim Horton's by 10:00. This is on Rt 62 in Gowanda. If you are not there by 10:00 then drive right to the Valentine Flats.

Directions to Valentine Flats: From Buffalo, take Route 62 South to Gowanda. Turn east onto Water Street, which turns into Broadway. At the top of the hill turn left onto Point Peter Road. Turn left onto Valentine Flats Road. Park at the end of this road.

The Valentine Flats has an archaeological site (remnants of an old smoke house from the 19th cent.).

Bring water and bring a camera because the views on this trail are spectacular. After the V F we take a short break for lunch, either bring one or we will be stopping someplace to use the facilities (like McDonald's or Tim Horton's). Then we will drive over to the Rim Trail and do some more hiking. Total hike is about 5 miles.

9/26 SAT Showing of The 46ers Film at North Park Theatre (1428 Hertel Ave) in Buffalo on Saturday, September 26th, at 11:30am. Tickets are \$10 each, \$7 for seniors. For more information about the movie and screenings, visit [The 46ers Film](#).

9/26, Saturday, Beginner Backpack, Allegany National Forest (A)

Teresa Corrigan 835-1905 or teresacorrigan85@gmail.com

Beginner Backpack for 9-26. Are you ready to take your hiking and camping to the next level? Would you love to go for a companionable walk in the woods, then set up a camp with just what you have on your back? No cars, no electronics, just a relaxed afternoon, dinner outdoors, a little campfire, then a peaceful sleep near a bubbling stream? Then our beginner backpack is for you!

We will hike about 3.5 miles to our campsite near Minister Creek in the Allegheny National forest. There is some lovely scenery, and our pace will be relaxed so we can enjoy it. We will hike back out Sunday, and stop for a late lunch/early dinner on the way home. All backpackers, not just beginners are welcome. We are hoping some beginners will join us and learn how much fun this kind of camping is!

If there is significant rain in the forecast we will change our plan and hike to one of the lean to's in Allegany State Park. This means the trip is on, rain or shine, no rain date.

Please call or e mail to get more information, talk to the leader and sign up! Teresa Corrigan 835-1905 or teresacorrigan85@gmail.com

October

10/2-10/4 FRI-SUN : ADK Fall Outing in Hudson Valley

To know more see the section above, or previous page, for more information or click the link shown here: [ADK Fall Outing](#)

10/04 Sun. - Paddle – Oak Orchard River Paddle(B)

Richard Schraven 564-2106 richardschraven1@gmail.com & Bob Collings 579-0528

Come paddle your canoe or kayak on the meandering, moving water between Gravel Road (rte. 63, Medina and Townline Road in Orleans County. The Oak Orchard River drains the Alabama Swamp and is supplemented with water

from the Barge Canal, so water levels are seldom a problem. When you are on the river, there is a feeling of remoteness. You don't see any signs of civilization, only the water, the tree-lined banks and blue skies. Intermediate skills are recommended to avoid overhanging tree branches and submerged rocks. All in all, it is a very pleasant place to paddle. Bring water, lunch, pfd's and dress for the weather. Insect repellent and sun-screen may be helpful. Cars will be spotted. Please call for start time and directions to the put-in.

10/16-18 FRI-SUN Susquehannock Lodge Fall Weekend (C)

Ed & Jan Kramer: 716-674-7042, email: edair701@icloud.com

Once again ADK members can enjoy a weekend at the Susquehannock Lodge during the fall foliage season. This is a great weekend for both new and old members. The lodge provides accommodations and great meals. All we have to do is enjoy. On Saturday and Sunday, most of us hike in the adjacent Susquehannock State Forest, where there are numerous trails of various lengths. Participants also have the option to tour the nearby PA Lumber Museum, or drive into either Coudersport (west) or Wellsboro (east). Twenty-five miles east is PA's Grand Canyon of the East, which offers trails on both sides and also a "rails to trails" hiking/biking trail along Pine Creek. The lodge is located just east of Coudersport, Pa., about two hours south of Buffalo. Cost for the 2-day weekend is \$114pp semi private/ \$124pp private (based on double occupancy), and includes 2 breakfasts and 2 dinners. Single private is available for \$85.00 per night. Additional charges include 6% sales tax and \$.75 room tax per person per day. Friday dinner is available for anyone arriving early for \$16.00 per person or in place of Sunday dinner. Trail lunches are available for purchase (\$7.00), or you can bring your own lunch for Saturday or dine out. A deposit of \$55 per person is required on signing up. The lodge would like us to confirm most reservations by September 15, so contact us as soon as possible if you're interested.

November

11/1 – SUN. – Halloween Paddle & Party – Ellicott Creek (C) RichardSchraven1@gmail.com (716) 564-2106 & MarySchraven1@gmail.com (716) 946-7489

We will begin with a leisurely paddle of Ellicott Creek followed by a pot-luck party at our house in the afternoon. We will provide pulled-pork sandwiches and non-alcoholic beverages. You provide a dish to pass, your preferred beverage, PFD, whistle, water-proof white light and memories of your paddle experiences this year. Costumes are encouraged, but not required. Call for time and place of paddle put-in and party (rain or shine).

Trip Reports [Check our website for more trip reports!](#)

Bike Ride, July 19th

There were seven bikers who decided Sunday morning was the perfect time to check out the falls via wheels and spokes. Traveling the bike path beside the Niagara River we stopped to admire the jaw dropping view the rapids, where this photo was taken, and then proceeded to Goat Island. The tourists were just starting to fill the paths so we carefully picked our way off the island and onto the bike path along the Robert Moses Parkway, stopping at Devil's Hole State Park for a quick lunch break. The ride back to our cars was mostly uneventful; just one chain mishap that was easily resolved. I believe all riders involved had a wonderful time on this yearly ride.

Submitted by Carolyn Kerr



Remember: Our chapter has hiking poles available to members to borrow for free. It is a benefit of membership. Contact Cheryl Peluso 997-2349 or cherylp17@verizon.net for more information.

ADK BOOK CLUB Report Summer 2015

The next ADK Book Club meeting is Wednesday, September 30 at 6:30 PM. We will be discussing *An American Tragedy* by Theodore Dreiser. This is a book of fiction, based on a true murder that took place in the Adirondacks. It is considered an American Classic, addressing social issues of the era that far exceed the thriller plot. It is long, so pace yourself and enjoy! The group will meet in the Meeting Room at the Eggertsville-Snyder Library Branch at 4622 Main St in Snyder, near the corner of Burroughs and Main. (The library parking lot is accessible from Burroughs, just behind the church.) For more information contact Janet at janetk300@gmail.com



On October 28 the group will discuss "Adirondack French Louie", a fun account the old days in the Adirondack North Woods, by Harvey Dunham.

ADK READERS Schedule for 2015-2016

September 30: *An American Tragedy*, by Theodore Dreiser

October 28: *Adirondack French Louie*, by Harvey Dunham

November 18: *THE STORY OF MY BOYHOOD AND YOUTH* by John Muir

January 27: *The Adirondack Reader*, edited by Paul Jamieson with Neal Burdick

February 24: *The Healing Woods*, by Martha Reben

March 30: *The Lure of the Labrador Wild*, by Dillon Wallace

April 27: *Bellefleur*, by Joyce Carol Oates

May 25: *Woodswoman II*, by Anne LaBastille

The library has many copies of *An American Tragedy*, and between 1-5 copies of the remaining selections. To purchase books, options include abebooks (some used and inexpensive), adirondack-books.com, amazon, or other options. The ADK chapter library also has some of these books.

Selections are based on input from book club members. New members are welcome anytime!

We typically meet throughout the year (except during the summer) on the last Wednesday of each month. Contact janetk300@gmail.com with questions.

EXECUTIVE BOARD MEETING

The Executive Board will meet on September 1st at 6:45 pm at the Julia Reinstein library. Any member is welcome to attend. Chairpersons who cannot attend should send a report to the Secretary, larry_beahan@roadrunner.com

ADK-NFC WEBSITE

Check out our website www.adk-nfc.org for a calendar of future events and outings, conservation news, newsletters and upcoming programs.

LIABILITY WAIVER

The OFFICIAL ADK LIABILITY WAIVER FORM needs to be filled out and SIGNED in ink by EVERY participant at EVERY outing, WITHOUT EXCEPTION, BEFORE the outing begins! This also applies to all outing leaders and to all participants (members and non-members) on any ADK activity.

Forms are available through the ADK-NFC.ORG website on the OUTINGS page. Completed forms can be submitted to Andy Urban or any Outing Co-Chair at the next meeting following the outing.

If leading a joint ADK outing with another group, ADK waiver forms must be signed by all participants, even non-members, in addition to the other organization's waiver(s).

MEMBERSHIP

If you would like to join the Niagara Frontier Chapter you can sign up at a monthly meeting or online at ADK.org. If you sign up online don't forget to check that you want to join our chapter so the local chapter gets a portion of your dues.

Executive Committee Members

CHAIRPERSON

Janet Kowalski
166 Burbank Dr.
Snyder, NY 14226
716-839-3114

1ST VICE CHAIR/OUTINGS

Mary Shraven
91 N. Parrish Dr.
Amherst, NY 14228
(716) 564-2106
maryshraven1@gmail.com

PUBLICITY

Help Needed!

4TH VICE CO-CHAIR EDUCATION

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207 Woodward Ave
Buffalo, NY 14214-2313
716-835-1905
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DIRECTOR

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3RD VICE CO-CHAIR PROGRAMS

Your name could be here!

MEMBERSHIP CHAIR

Kathy Clerkin
kmclerkin@gmail.com

WEBMASTER/ALT. DIRECTOR

Rob Laing
webmaster@adk-nfc.org

BOOKSTORE/LIBRARY

Bruce Lockwood
716-982-6627
2006qojake@roadrunner.com

HOSPITALITY

Sandy Paine
823-0122 or 462-2925 (cell)

Outings Co-Chairs

DAY HIKES

(Apr - Nov)
New co-chair needed!

WATERWAYS

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91 N. Parrish Dr.
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(716) 564-2106
richardschraven1@gmail.com

BIKING

Paul Kochmanski
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WINTER SPORTS

(Nov - Mar)

JoAnn Kish Ratajczak

400-1030

jkish45@yahoo.com

BACKPACK

Andy Urban

716-909-6165

maebus.ski@gmail.com
