



**Newsletter of the Adirondack Mountain Club – Niagara Frontier Chapter
APRIL 2017**

www.adk-nfc.org



General Meeting – April 11, 2017 (Program starts at 6:30pm)

Location: Fellowship Hall - Amherst Community Church

77 Washington Highway, Snyder NY 14226

NOTE: Please park in rear and enter through back door (walk up to 2nd floor)

Program Schedule:

6:30 - 7:15pm: Education Workshop – CAMP STOVES, Mare Steiniger

(please meet in the Community Room adjacent to the Main Meeting Room)

Join Mare Steiniger for a peek inside an Equipment Geek's camping closet. Mare will present the 7 different types of camping stoves on the market today: hobo, white gas/kerosene, Esbit, Sterno, alcohol, propane and canister. Her presentation will include a little about the history and development as well as the pros and cons of each type of stove. Mare has at least one of each type in her closet, and will have them on hand for the workshop. Did you know that Esbit is an acronym? Or that Scott might have survived his expedition to the South Pole if he had the same stove that Amundsen was using? Or that YouTube demonstrates countless models of alcohol stoves and hobostoves you can make yourself out of empty food or beverage cans? Or that the performance of a canister stove is not dependent on the type of stove you have, but rather on what type of canister you purchase? Come join us for the workshop.



7:00 - 7:30pm Happy Half Hour

7:30pm: General Meeting and Presentation – CLIMATE CHAOS, Lynda Schneekloth, Climate Justice Coalition founder and 2016 ADK Conservationist of the Year

The Niagara Frontier Chapter is happy to welcome Lynda Schneekloth on April 11. Lynda was last year's recipient of the Conservationist of the Year award at the ADK - NFC annual picnic. Lynda is the lead organizer of the Climate Justice Coalition of WNY, and has served as chair of the Sierra Club Niagara Group, is Advocacy Chair of the Western New York Environmental Alliance, and was one of the founders of Buffalo Niagara Riverkeeper. She is also Professor Emerita at the School of Architecture and Planning at UB and a landscape architect. She is a grandmother of nine, most of whom live in Buffalo. Whew! Talk about a full life. We welcome her back to hear her extensive knowledge on the rapid global climate changes occurring through the burning of fossil fuels. Although the most logical answer is to stop using fossil fuels, the response has been slow. What is it about human nature that makes us unable to take action on a scale equal to the degree of emergency? What cultural stories prevent us understanding or "seeing" what is actually happening? How will all of this impact future generations and future species? This promises to be a powerful and provocative program. Don't miss it!



Conservation Corner, Lynn Rehfeld-Kenney, Chair

The Conservation Committee meeting will be held at Lynn Kenney's home on Tuesday, April 18th at 7:00pm. Call #825-7329 for directions. Join us and find out the latest information on what is happening in your community and state.

- I attended the ADK Conservation Committee meeting in Albany that meets several times a year. Part of the NYS budget proposes that \$500,000 from unspent funds to combat invasive species from the 2016 state budget will go towards the setup, staffing and growing of the native beetle (Lari Conbius Niarinus) that naturally attacks the hemlock wooly adelgid infestation. There is a 97% death rate once a Hemlock tree is infected. An additional \$500,000 from the 2017 budget would be allocate to this process.
- It came as a surprise, when Governor Cuomo announced during the State of the State address that he proposed building a hotel on Goat Island in the Niagara Falls State Park. This was a recommendation by the Empire State Development Group and was not even discussed with OPRHP (Office of Parks, Recreation and Historical Preservation). This runs counter to the 2012 OPRHP Comprehensive Plan for the Niagara Falls State Park which has a management strategy to return the park to the original vision of its designer, Frederick Law Olmstead, to make it a more natural experience. It also risks a Park Alienation situation if a hotel was built and run by a private business and not by OPRHP. A resolution was passed to oppose construction of a hotel.
- Another proposal by the Governor was to build "glamping" lodging and dining facilities on the Boreas Ponds Tract of the Forest Preserve. "Glamping" is short for glamorous camping which includes a catered camping experience. This is inconsistent with the Adirondack Park State Land Master Plan which prohibits new structures to be built in the Forest Preserve. It would take a constitutional amendment to allow structures to be built. ADK has opposed similar amendments in 1935, 1945, 1946 and 1949. The ADK Conservation Committee passed a resolution that strongly opposes Construction of Dining and Lodging Facilities on Forest Preserve Land.
- There is no word yet on the land designation ruling for the Boreas Ponds lands. Most likely information will be made public when the Adirondack Park Agency (APA) holds its next meeting in May.
- Nationally there is great concern over severe cuts to the EPA funding. Locally funds are used to employ DEC employees who work on clean air and water programs. This would directly impact the initiative to clean up Lake Erie and to stop the spread of Asian Carp into the Great Lakes. Please contact your local congressmen and senators that EPA funded should not be cut. It is frightening when current government representatives say the EPA is of no benefit to US citizens and that there is no such thing as global warming.
- If you have an interest in making positive changes, join us for the next Conservation Committee meeting. We are looking for new committee members.

Attacks on the environment never stop. Join the Conservation Committee to see how you can help.

Message From the Chair, Janet Kowalski



Cheryl Peluso is currently training our Chapter's young, new Electronics Communications Chair. This is a position that Cheryl herself created, having the vision and skills to realize the need for this critically important gear in the machine that makes our chapter operations function smoothly. Cheryl electronically analyzes the membership list we receive from ADK Headquarters every month, and updates the recipient list for our newsletter and weekly emails. Other ADK Chapters who wish to upgrade their newsletter communication process have contacted Cheryl for her cheerful assistance. She has also overseen and updated our chapter website for many years. On behalf of a grateful Niagara Frontier Chapter, I THANK Cheryl for her wisdom, foresight, generosity, and kind personality. Cheryl remains active on our Board as an Alternate Director, and is also an extraordinary outings leader. Cheryl continues to be a golden asset to our fantastic organization.

WE WELCOME TWO NEW MILLENIALS TO OUR EXECUTIVE COMMITTEE!

I am delighted to introduce 2 new young members of our Executive Committee!

- **MARY KATHRYN NOACK, Electronics Communications Chair** - Mary Kathryn loves the Adirondacks and is an avid explorer of the Adirondack Region. A SUNY at Buffalo graduate with a degree in Communications, Mary Kathryn has extensive management and technology experience with numerous projects affiliated with UB. In addition, Mary Kathryn volunteers at the DEC Nature Preserve at Reinstein Woods, and is very knowledgeable about Beavers! Mary Kathryn's sweet personality and cheerful spirit are wonderful additions to our group.

- **DEENA MUELLER, Young Members Coordinator** - Deena is an avid outdoorswoman who enjoys all winter sports in addition to hiking, paddling and mountain climbing! Originally from Chicago, Deena is an attorney and has lived in WNY for about 4 years. Deena has enthusiastically embraced the Young Member Chair position, reaching out to members in their 20s and 30s for both local and Adirondack adventures, starting with a Vertical Climbing outing on Saturday April 8. Deena's dedication and eager enthusiasm are fantastic additions to our Board.

Happy Trails!
Janet Kowalski

OUR NEWSLETTER HAS A NAME!



We are pleased to announce that the ADK Niagara Chapter newsletter is no longer anonymous! Last month marked the first edition of our chapter newsletter published under its new name, **The Niagara Explorer**. Much appreciation to everyone who submitted ideas for names and weighed in during the thankfully non-controversial voting process.

So, enjoy the April edition, scan the many outings and events offered by our busy chapter, and get outside...explore and experience our beautiful Niagara Frontier region and other wild places!

SPECIAL PAUL SMITH'S COLLEGE INVITATION FOR ADK MEMBERS

ADK-NFC member Paul Comeau is on the Board for Paul Smith's College, which is located near Saranac Lake in the Adirondacks. He has extended an invitation to ADK members who wish to attend a Paul Smith's College dinner at 6:30 on April 11 at the Buffalo Club. The dinner conflicts with our monthly General Meeting, but if you'd like to attend this free one-time opportunity please RSVP to Janet (janetk300@gmail.com) by April 7.

Reintroducing the Wilderness Weekends in Western New York Challenge

To freshen interest in this challenge, we have lowered the required number of outings from 50 to 25, and have increased the source of outings to include not only the WWWNY book, but also other outings that have been ADK led



in the past. You no longer need to go on 3 different types of outings either. For example, if you only hike, that's ok, your 25 different outings can all be from hiking alone and not include biking, winter sports, or paddling. When it comes time for you to lead your first outing, give Mary Schraven a call and she will assist you in everyway to make it enjoyable and memorable. Perhaps you would like to co-lead one of your favorites? That could be arranged. Please see the website for the revised details of this challenge and the revised log of outings:

<http://www.adk-nfc.org/wwwny/wwwnyhome.php>.

Help wanted! ADK Chapter Chair and nominating committee members needed!

Hi everyone! Janet has asked me to convene a nominating committee. I need two other members. Please let me know if you are interested. My email is teresacorrigan85@gmail.com. We will be tasked with finding a new chair for our fantastic organization. The good news is that chair will have a wonderful team to work with, including current Outings Chair Mary Schraven who has agreed to stay on. Again, please contact me if you are interested in joining our committee OR if you would like to be considered for Chair - Teresa Corrigan

Calling All Young Members!

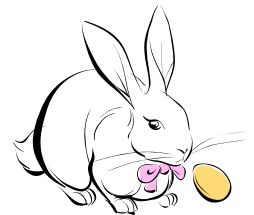


The Young Members subgroup of the Niagara Frontier chapter is looking forward to another great year of events specially designed for members in their 20s and 30s. The goal of the Young Members subgroup is to promote greater participation and membership of young members through special events for them and communications from me, the Young Members Coordinator. My name is Deena Mueller and I recently joined the Niagara Frontier chapter. In the next few months, I will be reaching out to young members by email and facebook to inform you of events and seek your input on what events you want the Young Members subgroup to organize. Until then, you can email at deena.mueller1@gmail.com about your suggestions and to let me know that you'd like to be a part of the Young Members group. Cheers! – Deena

Outings - For an updated listing of outings and activities, please see the event calendar posted on the website: adk-nfc.org/calendar

APRIL OUTINGS:

4/6 - THURS - Paddle Season Planning Meeting at Richard Schraven's House (7:00pm), 91 N. Parrish Drive, Amherst, 14228. RSVP 716-564-2106.



4/8 - SAT – CLIMBING EVENT (YOUNG MEMBERS ONLY!) - Trip Leader: Deena Mueller Hello all, our first young members event is scheduled for Saturday, April 8, 2017, from 3PM -6PM at the Niagara Climbing Center (1333 Strad Ave., North Tonawanda). Come join other young members for some indoor rock climbing and socializing. The cost for college students with ID is \$12, all other will be \$15 (unless we get at least 10 people to attend, in which case everyone pays just \$10). Grab your friends (including non-ADK club friends) and join the Young Members Group. If you have questions, or to rsvp, or to say you're interested in becoming a part of the Young Members Group, email Deena Mueller at dmueller@phillipslytle.com Climb on!

4/9 - SUN - HIKE - Letchworth State Park Gorge Trail - (B) - Trip Leader: Aaron Slosman, Meet at the Park and Ride in Williamsville on the corner of Main St. & Union Rd at 8:00 am to car pool. We will leave the Park and Ride at 8:10 am. The hike will be about 6 miles total on rolling terrain. Hikers must dress for the weather and bring lunch, snacks, water (2 quarts), rain gear, and extra clothing as appropriate for the weather. We will be parking at Lower Falls parking lot. We should return in the early afternoon. Contact Aaron Slosman if you would like to participate via email aslosman@gmail.com.

4/13 - THURS - Biking Schedule Planning Meeting at Daily Planet Coffee Co. 1862 Hertel Ave. (7:00pm) Bring your questions, ideas, outings and calendars. RSVP Paul Kochmanski at 895-7712.

4/23 - SUN - HIKE - Rattlesnake Hill State Mgmt Area - (C) - Trip Leader: Aaron Slosman, Meet at the Park and Ride in Williamsville on the corner of Main St. & Union Rd to car pool. We will leave the Park and Ride at 8:10am. Hikers must dress for the weather and bring lunch, snacks, water (2 quarts), rain gear, and extra clothing as appropriate for the weather. We should return in the early afternoon. Contact Aaron Slosman if you would like to participate via email aslosman@gmail.com.

APRIL - EVERY SATURDAY - PADDLE - The ADK-Genesee Valley Chapter has invited us to paddle with them (which is great since they start the paddling season early!). Every Saturday in APRIL has a paddling outing now scheduled. Please go to their website: ADK-GVC.org for information. Remember, wet suits are necessary this early in the season. Contact Charlie Helman, GVC Waterways Chair, email: chelman@rochester.rr.com

PLAN AHEAD:

SAVE THE DATE!!! SUNDAY JUNE 11 ANNUAL ADK PICNIC AT ELLICOTT CREEK PARK - There will be fun for all ages with special visitors from the Buffalo Zoo, and also water balloons and our ADK Beanbag game. Don't miss this annual social event, complete with scrumptious grilled dinner options, potluck surprises, great company, outing choices and more!

9/22 - 9/24 (FRI – SUN) DARK SKIES OVER SAGAMORE Great Camp Sagamore in Raquette Lake, NY. JoAnn Zurek, 716-957-0127. Your special discounted rate for a mid-Fri. 4 pm to Sun. 10am stay is \$337.50. This includes: 5 delicious meals in the former Vanderbilt dining room, a double room, linens, shared bathrooms, canoes and kayaks for Sagamore Lake, a two hour historic tour of the camp, an astronomy lecture and star gazing, weather permitting, hiking on easy trails around the complex, and an evening campfire. Your non-refundable deposit of \$87.50 reserves your room. If paying by check, please notify Marie in the Registrar by phone first at 518-406-5200 until May 1st at their winter number. Please include the date, your name, address, phone number, e-mail, which club you belong to, rooming with, and any special requests. Checks should be written and addressed to: Great Camp Sagamore, PO Box 40, Sagamore Road, Raquette Lake, N.Y. 13436. To register and make your deposit online: <http://sagamore.doubleknot.com/event/bell-ski-club-adk-nfc/2061368>

TRIP REPORTS Check our website for [trip reports!](#)



Eighteen Mile Creek Hike (February 26) - Eighteen cheerful hikers enjoyed a 4-mile scenic gorge hike, starting at the trailhead on South Creek Road in Hamburg. At the 2-mile turnaround point there was a comical sign: TRAIL ENDS HERE. The Creek's name is based on the distance between its Lake Erie terminus and the Niagara River. There is another Eighteen Mile Creek in WNY that flows into Lake Ontario, which is named for the same criteria. I never realized this until I researched the Creek before our hike.... Cool! Submitted by David and Janet Kowalski

Snowshoe at Beaver Meadow (March 18) - Beautiful fresh snow was in abundance for the Maple Festival Snowshoe hike at Beaver Meadow Audubon Center. After a delicious pancake breakfast we started our 3-mile loop at the Jenny Glen Boardwalk, then climbed the Hawk Ridge Trail to the scenic Long Trail around the perimeter of the Audubon property. Fresh snow yielded exciting evidence of all the critters that live here, including 4 imprints where a deer family had spent the previous day's snowstorm. We could decipher ear and nose impressions, and also where they had folded their legs. We also identified several types of trees, including the White Oak with its small rounded leaves that stay on the tree throughout winter. On the way back to the parking lot we learned about the formation of Kettle Ponds (on Kettle Pond Trail!). Beaver Meadow is one of our area's gems, with wonderful nature variety and learning opportunities year-round. Submitted by David and Janet Kowalski

Remember: Our chapter has hiking poles and snow shoes available to members to borrow for free. It is a benefit of membership. Contact Mary Schraven at maryschraven1@gmail.com or 716-946-7489 for more information.

Outings Guidelines

How to LEAD an outing - It's easy! Confidence low? Ask to co-lead an outing with an experienced ADK leader before you lead.

BEFORE THE OUTING:

- Choose an area you are familiar with and would like to share. Invite a friend to be a co-leader if you'd like.
- Scope it out before the outing to learn about trail, road or water conditions, driving directions, restrooms, parking, etc.
- Submit the outing details to the Outings Chair (date, time, meet-up place, outing description, rate the difficulty, what to bring, RSVP information) by the 15th of the month before the outing, so it can be advertised in the monthly newsletter. Submissions after the 15th of the month will only appear in the weekly email reminders. (You can count on the Outings Chair to assist with the write-up, No worries!)
- Be prepared with a map, basic first aid kit, and any essentials you might need.
- If you need to cancel your scheduled outing due to illness or inclement weather, communicate with the participants the night before or the morning of the outing.



DURING THE OUTING:

- Be at the meeting place 15 min early.
- Ask participants (including trip leader) to sign the ADK waiver form (printed out in advance). Form can be found on ADK-NFC.org/outings or at the bottom of weekly email from ADK.
- Introduce yourself to the group, give helpful background information on the area, and appoint a person to be the sweep, the last person in the group.
- Enjoy the outing and the new people you will meet!

AFTER THE OUTING:

- Send the completed waiver form to the Outings Chair, and submit a trip report if possible for inclusion in the next newsletter. You can also ask a participant to write a trip report for you.
- If someone is injured on the outing, even if it is minor, please notify the Outings Chair so an accident report can be completed.

How to be a RESPONSIBLE PARTICIPANT:

Participate in outings! It is so gratifying to a leader to have enthusiastic participants along!

- RSVP to the outing leader that you are coming.
- Feel free to BRING a FRIEND!
- Dress for the weather, wear appropriate clothing and footwear, and bring water, a snack and any other items the leader suggests.
- Pack your 10 essentials, as needed.
- Make sure you are physically qualified to complete the outing and to take care of your needs. If you are not sure, ask the leader.
- Bicycle helmets (for bike outings) and PFD (life jackets for paddling outings) are mandatory.
- Arrive on time. Sign the ADK waiver form. Stay with the group, and have fun!
- Show your appreciation to the trip leader by offering to write an informative and/or humorous trip description for the next newsletter.

Outings Rating:

A: strenuous, for the duration and level of fitness and skills needed

B: moderate difficulty

C: easy, good for beginners, shorter length

10 Essentials include:

- map/compass
- snack, water
- sun/insect protection
- whistle
- insulation (emergency blanket minimum) and/or extra clothes
- Rain protection
- flashlight
- fire making kit
- first aid kit
- knife



Are You a 46er? We Want You on Our List!

Loretta Yerke, who is a long term member of our chapter and former ADK Newsletter editor, made up a list of all of our chapter 46ers in 2008. Wilma Cipolla and Loretta thought we should update the list to include all of the new 46ers since then. If you don't have a number because you didn't register we can still add you to the list. The list is posted on our ADK-NFC.org website. To add your name, send it to Cheryl Peluso, cherylp17@verizon.net, or call Kate Hacker at 688-8618



Welcome New Chapter Members!

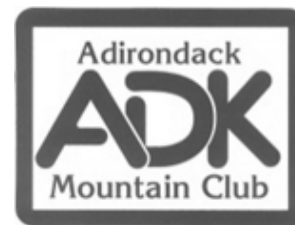
We are pleased to announce the following new ADK Niagara Chapter members:

3 families

- Kevin and Kelly James
- Linda and Paul Kolniak
- Mary and Joe Powers

1 Senior

- Richard Collins



If you would like to join the Niagara Frontier Chapter you can sign up at a monthly meeting or online at ADK.org. If you sign up online don't forget to check that you want to join our chapter so you will be informed about outings in your local chapter, and also so your dues can support local ADK events. - Kathleen Clerkin, Membership Chair

Executive Committee Meeting

The ADK-NFC Executive Committee will hold their next Executive Committee meeting Tuesday, April 4th at 6:45 PM at the Julia Boyer Reinstein Library at 1030 Losson Rd, Cheektowaga, 14227. For further details, contact any member of the Executive Committee. Any member is welcome to attend. Chairpersons who cannot attend should send a report to the Secretary, larry_beahan@roadrunner.com.

ADK-NFC Website and Newsletter

Check out our website adk-nfc.org for a [calendar](#) of future events and outings, conservation news, current and past newsletters and upcoming programs. As a reminder, the deadline for submitting reports and other information for the newsletter is **the 15th of each month**.

Liability Waiver

PLEASE NOTE, the OFFICIAL ADK LIABILITY WAIVER FORM needs to be filled out and SIGNED in ink by EVERY participant at EVERY outing, WITHOUT EXCEPTION, BEFORE the outing begins! This also applies to all outing leaders and to all participants (members and non-members) on any ADK activity. Forms are available through the ADK-NFC.ORG website on the [OUTINGS](#) page. Completed forms can be submitted to Mary Schraven or any Outing Co-Chair at the next meeting following the outing. If leading a joint ADK outing with another group, ADK waiver forms must be signed by all participants, even non-members, in addition to the other organization's waiver(s).

Executive Committee Members:

CHAIRPERSON - Janet Kowalski, 166 Burbank Dr., Snyder, NY 14226, 716-839-3114, janetk300@gmail.com

1ST VICE CHAIR/OUTINGS - Mary Schraven, 91 N. Parrish Dr., Amherst, NY 14228, 716-946-7489, maryschraven1@gmail.com

2ND VICE CHAIR/CONSERVATION - Lynn Rhefeld- Kenney, 21 Hillside Ave., Buffalo, NY 14210, 716-825-7329, woodthrush3@hotmail.com

3RD VICE CHAIR/PROGRAMS - Dana Jandzinski hikenbike30@yahoo.com

EDUCATION CHAIR- Teresa Corrigan, 207 Woodward Ave., Buffalo, NY 14214-2313, 716-835-1905 teresacorrigan85@gmail.com

DIRECTOR/WEBMASTER - Rob Laing, webmaster@adk-nfc.org

TREASURER - Doug Gaffney, 830 George Urban Blvd., Cheektowaga, NY 14225, 716-631-3979, dgaffney@roadrunner.com

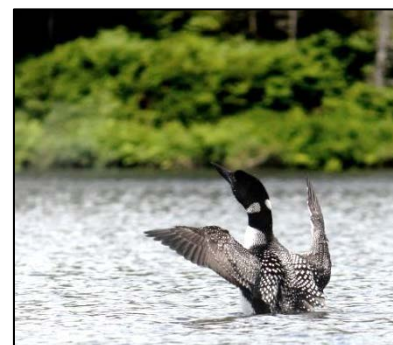
ELECTRONIC COMMUNICATIONS – Mary Kathryn Noack, 716-984-2342, marynoac@buffalo.edu

SECRETARY - Larry Beahan, 5 Darwin Dr., Amherst, NY 14226-4599, 716-839-3112, larry_beahan@roadrunner.com

NEWSLETTER EDITOR – Mike Weimer, 703-517-7624 mtweimer35@gmail.com Also email Mary Schraven at maryschraven1@gmail.com

MEMBERSHIP CHAIR - Kathy Clerkin, kmclerkin@gmail.com

HOSPITALITY - Carol Schuster, carolschuster@gmail.com



YOUNG MEMBERS COORDINATOR – Deena Mueller, deena.mueller1@gmail.com
ARCHIVIST/HISTORIAN - Lynn Rehfeld-Kenney, 716-825-7329, woodthrush3@hotmail.com

Outings Co-Chairs:

DAY HIKES (Apr - Nov) New co-chair needed! (contact the Chair)

WATERWAYS - Richard Schraven, 91 N. Parrish Dr. Amherst, NY 14228, richardschraven1@gmail.com, 564-2106

BIKING - Paul Kochmanski, (716) 895-7712, kochmanski@ecc.edu

BACKPACKING – Teresa and Peter Corrigan , 207 Woodward Ave., Buffalo, NY 14214-2313, 716-835-1905
teresacorrigan85@gmail.com, hikepmc@roadrunner.com

