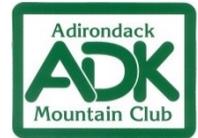




Newsletter of the Adirondack Mountain Club – Niagara Frontier Chapter
FEBRUARY 2018
www.adk-nfc.org



Next General Meeting – Tuesday, February 13, 2018 (Program starts at 6:30 p.m.)

Location: Fellowship Hall - Amherst Community Church
77 Washington Highway, Snyder NY 14226

NOTE: Please park in rear and enter through back door (walk up to 2nd floor)

Program Schedule:

6:30: Nature in Winter

We will explore some of the ways wildlife adapt to winter, wildlife signs you can spot while hiking, skiing and snowshoeing, and some of the best places to spot wildlife in winter. We will also explore ways to be more nature aware all year long with the science of phenology.

We will meet in the community room adjacent to our main meeting room from 6:30 until 7:15. Please come prepared to learn and share your knowledge as well. We are always looking for new topics for our workshops. Please contact your education chair, Teresa Corrigan, TeresaCorrigan85@gmail.com if you have ideas or questions!

7:30: ICE VOLCANOES: DAVE MCQUAY,
NATURALIST; NEW YORK STATE PARKS

Learn about Lake Erie ice volcanos which transform the winter ice into a bizarre lunar like ice scape of craters, cones, ice caves and ice sculptures! Along the lakes' shoreline large ice cones form and erupt through the ice volcano vents like geysers shooting water high into the air. Discover ice volcanoes and more with a power point spanning the last 10 years of Lake Erie ice formations. Question and answer period to follow.



Message From the Chair, Paul Gannon

I want to continue my efforts to promote Ambassadorship in chapter members by encouraging everyone to continue to display excellent behavior while engaging in ADK activities.

We live in difficult times. Our country seems to be split into separate camps. Civil discourse has suffered. True, perhaps. But what has that got to do with ADK, you might ask?

Well, ADK is a public organization. We conduct our business in full view of others. We even have non-member guests attend our functions. ADK is also a political organization. We were founded to protect the Forest Preserve. One of our pillars is environmental advocacy. We maintain a Public Affairs office in Albany that employs lawyers and lobbyists, and our dues support that function.

There is an old saying, that if you are not part of the solution, you are part of the problem. I want ADK and our chapter to be part of the solution.

*We will always be passionate defenders of the environment, and environmental science. If those activities cause others distress, then so be it. However, there are ways to advocate for our beliefs while still maintaining a sense of decorum. As the Desiderata says, "... as far as possible without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others ... they too have their story. Avoid loud and aggressive persons, they are a vexation to the spirit."**

When on an ADK outing, use discretion when discussing issues that are not related to our activities, especially when you are around other people that you do not know well.

From time to time, you may encounter individuals who engage in outdoor pursuits that differ from our core activities, such as hunters and snowmobilers. Remember that they also love the outdoors, although in different ways. While we may not always agree on the means, they can be allies in our efforts to protect the environment. If one of them approached us, would they be welcome? I believe that they would. It is up to each of us to ensure that they are.

We have an opportunity to set an example that others may follow. This example will bring further honor to a wonderful organization. In doing so, each of us will serve as an Ambassador for our club. Let us continue to take advantage of that opportunity.

** The Desiderata, by Max Erhmann 1927*

Conservation Corner, Lynn Rehfeld-Kenney, Chair

The Conservation Committee meeting will be held at Ann Lazroe's home on Tuesday, February 20th at 7:00pm. Call (716) 689-1861 for directions.

The Conservation Committee is working on an exciting new project proposed by new members, Kim Downing and Joseph Schretzman. The committee plans on providing information on what types of

native plants are good to plant in your yard instead of purchasing non-native annuals each year. Native plants provide homes to native butterflies and animals for you to enjoy. We are in the process of arranging for a knowledgeable speaker and hope to provide club members an opportunity to either purchase or possibly obtain some free native plants.

Attacks on the environment never stop. To learn the latest environmental news, join us at the next Conservation Committee meeting!

Winter Mountaineering School Scholarship Recipient Correction Notice

In last month's newsletter, "Michael McCormick" was incorrectly named as the recipient of the ADK-NFC scholarship for the Winter Mountaineering School. The correct recipient is MICHAEL SWAIN. Michael Swain plans to complete the Day Hiking Program in the White Mountains of New Hampshire in March. Michael also plans to begin training for the Niagara Frontier Search and Rescue Team. We wish Michael the best of luck and apologize sincerely for this mistake.

The Executive Committee would like to thank MARK McCORMICK for presenting a wonderful slide show, along with Michael Swain, about the Winter School during our December Holiday Pot Luck Meeting. I apologize to Mark and Michael for the name mix up. --- Mary Schraven, Outings Chair

Outings

For an updated listing of outings, please see the event calendar posted on the website: adk-nfc.org/calendar

RECURRING EVENTS:



EVERY WEDNESDAY MORNING – SNOW SHOE/HIKE -

Audubon's Beaver Meadow, Welsh Rd. North Java. (C) Snowshoe rental \$5, assorted sizes available. Bring lunch. Carol Griffis call or text (716)-652-2547 or email carolpgriffis@gmail.com.

EVERY WEDNESDAY EVENING - HIKE/SS/XC SKI – Reinstein Woods Nature Preserve,

Cheektowaga – (C) Gus Phillips – Home: (716) 646-5034 - Cell: (716) 860-0421- Only call if you are concerned about the weather. Easy outing, come enjoy the moonlight, night sounds and get some exercise. Indoor restrooms open. Beginning Dec. 20 through March.

EVERY FRIDAY MORNING – SNOW SHOE/XC SKI - Knox Farm State Park - Rt 16/Seneca St., East

Aurora. - (C) Carol Griffis - For time & directions, call/text (716)-652-2547 or email

carolpgriffis@gmail.com I will lead this all snowy Friday mornings. Good for beginners, gentle inclines, some woods, some open fields. There's a new coffee/pastry shop in the former sheep shed. We'll meet there.

FEBRUARY OUTINGS:

2/3 - SAT - **HIKE** - The Laura Secord Legacy Trail Part 1 - Niagara Region, Ontario - Ken Martin (716) 997-7929 for trip starting time and spotting of cars. This is the 1st of 3 hikes about 6.5 miles each, on the Legacy Trail. Laura Secord is a Canadian historical figure from the War of 1812. In 1813, Laura overheard plans for a surprise attack and struggled alone through miles of dense bush to warn the commander of the British outpost. Her actions turned the tide of the battle. Many schools and buildings in Ontario bear her name. We will retrace her footsteps 205 years later starting at the Laura Secord House in Queenstown and ending at the DeCew House near Thorold. Hike 2 is Feb. 17 and Hike 3 is T.B.A. This is a HISTORICAL hike through woods, fields, and towns. More information can be found here http://www.friendsoflaurasecord.com/LSLT_TURN-BY-TURN_2016.html

2/4 - SUN - **SS/XC SKI/HIKE** - Bond Lake - 2571 Lower Mountain Rd, Sanborn, NY (C - easy) with Marion Hanover mhanover@sympatico.ca or (905) 351-1287. We will cross-country ski, snow shoe or hike (depending on conditions) throughout the trail system in Bond Lake for about 1 1/2 hours. Bring lunch and dress appropriate for weather. Contact me for meeting time and details.

2/4 - SUN - **ICE SKATE** - North Buffalo Rink (C) - Paul Kochmanski kochmanski@ecc.edu or (716)-895-7712. Plan on joining us for non-weather-dependent exercise and fun! 7:00-9:00 pm; \$2 admission, \$2 skate rental available. See facility website for more info: <http://www.northbuffalorink.com/>

2/10 - SAT - **SS/ HIKE** - Grand Island - Tom Burkman (716) 228-9493. Two hours of gentle, level terrain: paths, fields, streambed, woods in Grand Island. Meet first for breakfast at 8:30 at Tom's house, 800 Kirkwood Dr. Grand Island, 14072, and go out from there. Or come at 9:15 for hike only. Weather permitting. Call to register.

2/11 -SUN - **SS/HIKE/XC SKI** - Bureau of Forestry Trails - (B) Genesee Road, Sardinia - Kim Newland (716) 799-7616 or Kathrynkim1027@gmail.com Meet at 1:00 at the warming hut on Genesee Rd. (on the side with the larger parking area and buildings). We will snowshoe / hike a 4 mile loop on the Scarbuck Trail up to the Conservation Trail Cabin. The trail is hilly, filled with re-forested pines, hardwoods, and crosses Dresser Creek by way of "The Bridge Too Far". If snow conditions allow, x-country skiers can join me at the Forestry Winter Sports area, which is about 1 mile east on Genesee Road. Here is a very wooded area for "backcountry" skiing on a 2 mile loop. A warming hut is also on this site. Please bring water and a snack.

2/17 -SAT - **HIKE**- The Laura Secord Legacy Trail # 2 - Niagara Region, Ontario (A) - Ken Martin (716) 997-7929 for trip starting time and spotting of cars. This is the 2nd of 3 hikes about 6.5 miles each, on the Legacy Trail. Laura Secord is a Canadian historical figure from the War of 1812. In 1813, Laura overheard plans for a surprise attack and struggled alone through miles of dense bush to warn the commander of the British outpost. Her actions turned the tide of the battle. Many schools and buildings in Ontario bear her name. We will retrace her footsteps 205 years later starting at the Laura Secord House in Queenstown and ending at the DeCew House near Thorold. Hike #3 is T.B.A. This is a HISTORICAL hike through woods, fields, and towns. More information can be found here http://www.friendsoflaurasecord.com/LSLT_TURN-BY-TURN_2016.html

2/17 – SAT – **HIKE/SS** –Beaver Meadow – (C) Teresa Corrigan (716) 835-1905 or TeresaCorrigan85@gmail.com Please contact me by Saturday. at 9:00 am. Join us on this annual outing on the gently rolling trails at Beaver Meadow Audubon Nature Center at 1:00 pm. We make this an afternoon hike in hopes of spotting some crepuscular animals toward the end. Snowshoe rentals are

available at \$5 per person (585) 457-3228 or borrow for free from Outings Chair, Mary Schraven at (716)-946-7489. Optional stop at a cozy spot for dinner afterward. Call or email to sign up and get meeting place.

2/18 - SUN - **ICE SKATE** - North Buffalo Rink (C) - Paul Kochmanski kochmanski@ecc.edu or (716)-895-7712. Plan on joining us for non-weather-dependent exercise and fun! 7:00-9:00 pm; \$2 admission, \$2 skate rental available. See facility website for more info:

<http://www.northbuffalorink.com/>

2/18 - SUN - **SS/XC SKI** - Letchworth State Park - (C) Schraven (716) 946-7489 or maryschraven1@gmail.com Meet at the Park and Ride on Union Road near Main Street in Williamsville at 9:00am. Join up with the Kerr's at their rented Letchworth State Park Chalet. Contact Carolyn at stenolou@gmail.com to RSVP. Please let Mary know as well so we know to wait for you at the park and ride. Please bring a dish to pass.

2/24 - SAT - **XC SKI** - Sprague Brook - (B) Leslie Salathe lesliesalathe@live.com. Meet at Williamsville park & ride at 8:45 on Union and Main Street. Bring a lunch. (716) 560-1311 if you are concerned about weather. Warming hut open.

2/25 – SUN – ****YOUNG MEMBERS (ages 21-39ish) EVENT**** - **SS/DOWNHILL SKI** – Emery Park –Deena Mueller-Funke deena.mueller1@gmail.com or (815) 355-6768 to rsvp and get a start time. We will start with a snowshoe hike leaving from the ski hill parking lot and hike for about an hour and a half. Then, those with downhill skis can stick around to use the T-bar for free.



2/23-2/26 - FRI- MON - **XC SKI/SS** - Algonquin Provincial Park, (Mad Musher Hostel) (A - C) ROOM FOR 1 MORE! RichardSchraven1@gmail.com (716) 564-2106 or MarySchraven1@gmail.com (716) 946-7489. A spot in The Mad Musher can be secured by sending your deposit check for \$20.00 /person to: Richard Schraven, 91 N. Parrish Drive, Amherst, NY 14228. **ONE BUNK IN THE MEN'S ROOM IS STILL AVAILABLE.**

PLAN AHEAD SECTION:

3/4 - SUN - **ICE SKATE** - North Buffalo Rink (C) - Paul Kochmanski kochmanski@ecc.edu or (716)-895-7712. Plan on joining us for non-weather-dependent exercise and fun! 7:00-9:00 pm; \$2 admission, \$2 skate rental available. See facility website for more info:

<http://www.northbuffalorink.com/>

3/18 - SUN - **ICE SKATE** - North Buffalo Rink (C) - Paul Kochmanski kochmanski@ecc.edu or (716)-895-7712. Plan on joining us for non-weather-dependent exercise and fun! 7:00-9:00 pm; \$2 admission, \$2 skate rental available. See facility website for more info:

<http://www.northbuffalorink.com/>

3/9 - 3/11 - FRI - SUN - **WINTER WEEKEND - LOJ HEART LAKE** - Lake Placid, NY - Trip is full. Contact Maryschraven1@gmail.com to be put on a wait list. See the website or December newsletter for more information about this trip.

LOOK BACK SECTION:

Trip Reports - Check our website for trip reports!

12/30 – TRIP REPORT for KNOX FARM STATE PARK

Six hardy ADK'ers braved the cold and windy weather to ski and snow shoe at the beautiful Know Farm State Park. After the crossing of the open field, the rest of the outing was sheltered from the wind by the snow-covered woods. With only the sound of chick-a-dees breaking the silence of the woods, we all felt refreshed and enlivened by the exercise, the nature and the companionship. We also enjoyed the delicious coffee and French pastries at the old Sheep Shed. I'm so happy we skied that day, as this week, Jan. 9-13th, all the snow melted and the warm temperatures took over. Check out this State Park every Friday morning with Carol Griffis!



Newsletter Editor Needed! Our Chapter Newsletter known as THE NIAGARA EXPLORER needs an Editor! This individual would compile documents submitted by various Board Members and create an informative and appealing monthly publication. Basic computer skills are needed. You will have a template to work with, and can create graphics as room allows. This is an automatic board position with a great team! Contact Interim Newsletter Editor Deena Mueller-Funke (deena.mueller1@gmail.com), or Chair Paul Gannon (paulmgannon54@gmail.com).

ADK-NFC General Meeting Cancellation Policy - If Amherst Schools or Amherst After-School Activities are cancelled than the General Meeting (2nd Tuesday of the month) will also be cancelled. This will be reinforced with a general email to membership and a Facebook posting.

Liability Waiver Reminder

The Liability Waiver form, revised 2016, needs to be filled out by the trip leader and signed in ink by every participant at every outing. Leaders, members and non-members must all sign. If leading a joint ADK outing with another group, ADK waiver forms must be signed by all participants, even non-members, in addition to the other organization's waiver. Minors accompanied by a parent or guardian are listed on the bottom and the adult signs for them. Forms are available on ADK-NFC.org website on the OUTINGS page. Completed forms need to be submitted to Mary Schraven, Outings Chair, at the next meeting or mailed in to her at 91 N. Parrish Dr., Amherst, NY 14228.

Executive Committee Members

CHAIR – Paul Gannon, paulmgannon54@gmail.com, 716-395-5739

1ST VICE CHAIR/OUTINGS - Mary Schraven, 91 N. Parrish Dr., Amherst, NY 14228, 716-946-7489, maryschraven1@gmail.com

2ND VICE CHAIR/CONSERVATION - Lynn Rehfeld-Kenney, 21 Hillside Ave., Buffalo, NY 14210, 716-825-7329, woodthrush3@hotmail.com

3RD VICE CHAIR/PROGRAMS - Dana Jandzinski hikenbike30@yahoo.com

EDUCATION CHAIR- Teresa Corrigan, 207 Woodward Ave., Buffalo, NY 14214-2313, 716-835-1905 teresacorrigan85@gmail.com

DIRECTOR/WEBMASTER - Rob Laing, webmaster@adk-nfc.org

TREASURER - Doug Gaffney, 830 George Urban Blvd., Cheektowaga, NY 14225, 716-631-3979,
dgaffney@roadrunner.com

INTERIM NEWSLETTER EDITOR – Deena Mueller-Funke, deena.mueller1@gmail.com Also email Mary Schraven at maryschraven1@gmail.com

ELECTRONIC COMMUNICATIONS – Mary Kathryn Noack, 716-984-2342, marynoac@buffalo.edu

SECRETARY - Larry Beahan, 5 Darwin Dr., Amherst, NY 14226-, 716-839-3112,

larry_beahan@roadrunner.com

MEMBERSHIP CHAIR - Kathy Clerkin, kmclerkin@gmail.com

HOSPITALITY - Carol Schuster, carolfschuster@gmail.com

YOUNG MEMBERS COORDINATOR – Deena Mueller-Funke, deena.mueller1@gmail.com

ARCHIVIST/HISTORIAN - Lynn Rehfeld-Kenney, 716-825-7329, woodthrush3@hotmail.com

Outings Co-Chairs:

DAY HIKES (Apr - Nov) New co-chair needed! (contact the Chair)

WATERWAYS - Richard Schraven, 91 N. Parrish Dr. Amherst, NY 14228, richardschraven1@gmail.com,
(716) 564-2106

BIKING - Paul Kochmanski, (716) 895-7712, kochmanski@ecc.edu

BACKPACKING – Teresa and Peter Corrigan , 207 Woodward Ave., Buffalo, NY 14214-2313, 716-835-1905
teresacorrigan85@gmail.com, hikepmc@roadrunner.com
