



Newsletter of the Adirondack Mountain Club–Niagara Frontier Chapter | [www.adk-nfc.org](http://www.adk-nfc.org)

## Next Meeting: Slideshow & Ice Cream Social

**Tuesday September 11, 2018 at 7PM | Fellowship Hall - Amherst Community Church | 77 Washington Highway, Snyder NY 14226 | NOTE: Please park in rear and enter through back door (walk up to 2nd floor)**

The traditional ICE CREAM SOCIAL will begin at 7 PM, and the General Meeting and Slide Show will start at 7:30. The program for the evening includes: • Ice Cream Social - Reconnect with ADK chapter friends after the summer break over ice cream and beverages. A great Welcome Back before the ADK Chapter updates and Slide Show • Recent 46ers Honored - Celebrate recent ADK members who have climbed the 46 Highest Peaks! • Annual Members Slide Show

Plan to share the adventure & fun you've had over the past year with fellow ADK members at the Annual ADK Members Slide Show! Start thinking about TEN pictures you'd like to present! They can be from one outing or a few. It's always fun to see what others have experienced. They are great suggestions for future trips for all of us! **Send 10 pictures to Slide Organizer Doug Gaffney by Monday, September 10.** ([dgaffney@roadrunner.com](mailto:dgaffney@roadrunner.com))

## Looking Back- Annual Chapter Picnic 6/9/18

### Animal Adventures Visit



The ADK Niagara Frontier Chapter was treated to a visit from the Buffalo Animal Adventure Group during the annual summer picnic. The beautiful lake was the back drop during a (mostly) rainless day that helped set the stage to greet animals common to our own back yard. Wild bunny was a great educator about the habits of these cute but potentially garden destroying animals. Who knew that in 1 summer, 20 litters can be produced from 1 female!! No wonder our gardens are under constant attack. Lets not forget sly Tundra the fox who if not for the knowledgeable handler would have tried to make a run for it, possibly for the food table. These animals really make our ecology and habitat of WNY so interesting and varied and a pleasure to meet up close. *(-Dana Jandzinski)*

### "In Your Back Yard" Presentation

Our own Linda Schmieder, a member of ADK-NFC Conservation Committee, made a very interesting display and presentation on GREEN CLEANING. Wonderful handouts detailed common, non-toxic alternatives to store bought chemicals, many that create allergens and irritants for us and our pets. Linda also brought along her improved versions of traditional mops and had free micro-fiber towels to give away to everyone as an alternative to throwaway paper towels. Thank you Linda for all that great research and organization of the material to make it easy for us to do

our part in reducing toxins in our immediate environment, our home. Look for a link to download the handouts in the next weekly email from ADK-NFC.

In keeping with the theme of "In our own backyard", we raffled off a rain barrel from Buffalo Niagara Water Keepers, a composter and native plants. Thanks to Mary Schraven and Kim Downing for organizing the raffle.

Sierra Club, Niagara Group, also made an appearance, Diane Strablow and Ellen Banks, both ADK members as well as officers of Sierra Club, presented some of the initiatives Sierra Club is working on that will positively impact our local townships. READY 100 is an effort to have our local townships set a goal of being 100% Clean Energy and take concrete action steps to make that a reality. We look forward to working closely with Sierra Club on this important initiative. Join ADK Conservation Committee to learn what you can do to make a difference.

## **Elections and Departures**

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Two new ADK officers who ran unopposed were elected. Maureen Rowley to Programs Chair position and Bob Van Hise to Conservation Chair. We gratefully say good bye to Dana Jandzinski who was the Program Chair for 3 years and to Lynn Kenney, a long-time Conservation Chair. We hope you both will take some time to relax, but we also hope to see you on outings and at the monthly meetings. Your contributions were greatly appreciated.

## **Recognition**

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Mary Schraven, the Outings Chair, made a presentation recognizing 30 trip leaders who filled the calendar with wonderful opportunities for our membership to experience new places and enjoy the awesome wilderness in WNY.

The Volunteers of the Year Award was presented and the Conservationist of the Year Awards were presented to five long time activists working on the total cleanup of the West Valley Demonstration Project.

## **Conclusion & Thank You**

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A good time was had by all who attended the Annual ADK Members Picnic at the Commissioners Cabin in Chestnut Ridge Park. The scenic lakeside setting was ideal for our group, with a walking path around the lake, sounds of birds in the air and shade to enjoy. The paddle took place on Buffalo River at the Harlem Road put in, led by Richard Schraven. Kim Newland had a lively hike to Eternal Flames waterfall. Paul Kochmanski led a bike trip and Lynn Kenney led the nature walk. The weather was ideal for all these outings.

The delicious variety of grilled offerings were supplemented by an eclectic array of salads, sides and desserts, and made for an outstanding summer picnic feast. ADK pot-lucks are always excellent with many choices of healthy and creative dishes as well as decadent desserts.

We couldn't have our successful picnic without the assistance of many members who helped out: THANK YOU ALL! • Food Shoppers Carol and David Schuster, • Set Up: Mary and Richard Schraven, Janet and David Kowalski, and many others! • Grillers: David Schuster and David Kowalski, • Outing Leaders: Paul Kochmanski (bike), Richard Schraven (paddle), Lynn Kenney (nature hike), and Kim Newland (hike). And all those who stayed late to help clean up! Next year the picnic will be on Sunday, June 9, 2019 again at the beautiful Commissioner's Cabin in Chestnut Ridge.

**– Mary Schraven**

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## **ANNOUNCEMENT: 46ER FLAG**

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Carry on our chapter tradition of carrying our ADK-NFC 46er Flag to the top of your 46th peak. Call Lynn Kenney (825-7329) to pick up the 46er Flag so it can be a part of your celebratory photo when you complete your final peak to become an Adirondack 46er.

# Recognition: Award Recipients Honored at Picnic

## Volunteer of the Year Award



*David & Janet Kowalski*

Janet, a past Chapter Chair and Programs Chair, is a frequent hike participant and leader. Janet often contributes engaging trip reports for the newsletter,

This year, the ADK-NFC Volunteer of the Year Awards have been given to Janet and David Kowalski. Our Chapter would like to recognize their many contributions that have enabled our monthly meetings to run more smoothly and helped create a sense of community among our chapter members.

which has the effect of everyone wishing they had gone on the outing. Janet is a gracious hostess and has made sure the Executive Committee was well-fed. We have come to count on her healthy and delicious pot-luck dishes! Janet is there to lend a hand to any of us, helping us to meet newsletter deadlines, edit our writings, and offer to help whenever needed. Janet's enthusiasm and love for ADK is evident in every conversation one has with her. David co-leads many outings with Janet. He has assisted with regular postings of trip reports, managing the home page of the website during transitions and assisting with AV equipment during monthly meetings when our regular AV volunteer isn't available. David writes a Conservation Blog that often features ADK sponsored conservation initiatives. Janet and David, we thank you for being who you are and for all the ways you uplift, problem solve and help make our chapter a strong community!

## Conservationist of the Year Award

The Adirondack Mountain Club Niagara Frontier Chapter, Conservation Committee presented their 2018 Conservationist of the Year award at the club's annual June picnic at the Chestnut Ridge Park Commissioner's cabin. This award recognized the members from various groups who have spent decades working towards a proper and complete clean-up of nuclear waste at the West Valley Demonstration Project in West Valley, NY. The recipients gratefully accepted the award in honor of all of the past and present coalition members for their dedicated advocacy and community activism. In particular they recognized Carol Mongerson, who was the founder and leading member of the Coalition on West Valley Nuclear Wastes until she passed,

Maria Maybee from the Seneca Nation of Indians and Kathy McGoldrick. The recipients are as follows:

**Ray Vaughan:** West Valley Citizen Task Force member and past steering committee member of the Coalition on West Valley Nuclear Wastes

**Joanne Hameister:** West Valley Action Network and Coalition on West Valley Nuclear Wastes steering committee

**Agnes Williams:** West Valley Action Network and Indigenous Women's Initiatives

**Diane D'Arrigo:** West Valley Action Network & Nuclear Information & Resource Service

**Barbara Warren:** West Valley Action Network and Citizens' Environmental Coalition



*Conservation Committee and award recipients: Joseph Schretzman, JoAnn Zurek, Judy Catalano, Kim Downing, Lynn Rehfeld-Kenney, Jerry Sauberan, (West Valley Coalition members: Kathy McGoldrick, Ray Vaughan, Agnes Williams, Joanne Hameister, Barbara Warren, accepting for Diane D'Arrigo was Joan D'Arrigo), Linda Schmieder, Jay Wopperer, Mary Schraven, Ann Haskell Conservation committee members not present: Larry Beahan, Bob VanHise, Ann Lazroe, Art Klein, Ellen Gibson*

## Message from the Chair

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Well, the beautiful warm weather has finally arrived. Our annual picnic is always a perfect kick-off to our summer schedule.

Unfortunately, I was unable to attend this year. I was on my ADK High Adventure trip, rafting on the San Juan River in Utah. I would like to, once again, encourage all of our members to consider going on one of these high adventure trips. Check out the schedule in every edition of *Adirondac*.

This trip has got me thinking about how important it is to challenge ourselves once in a while, and to reach out beyond our comfort zone. I am used to the woods and mountains of the Northeast. The desert is a completely foreign environment.

We all have our favorite activities, and probably spend the majority of our time outdoors pursuing them. This summer, I would like to challenge every one of you to try something different. Have you ever been on a stand up paddleboard? Been sailing? Gone white water rafting? Pick one and see what it is all about. How well do you know about trees, birds, or wildflowers? Get a guidebook and really study the subject. Open our Wilderness Weekends book. Find a place that you have never been before and plan a visit.

Learning about a subject, trying something new, going some place that you have never been before, are the things that add spice to our lives. This summer, give it a try.

- **Paul M. Gannon**

## Outings

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### July Outings

#### 7/4 - WED - PADDLE - LOWER NIAGARA RIVER FROM LEWISTON TO YOUNGSTOWN

(B) Bob VanHise – 716-628-0355-  
adkpaddles.bvh@gmail.com. We will launch early so you can be home in time for your picnic! Be at the Lewiston launch ramps (end of Center St. by The Silo Restaurant) by 9:00 to drop off your boat. There is a fee to launch a kayak or canoe (\$4 the last time I checked). We will then drive to Youngstown to drop off most of the cars and come back to launch. After a leisurely downstream paddle, anyone who's interested can drive back to Lewiston for lunch at The Silo Restaurant. A PFD and whistle are required and must be worn at all times while on the water. Approx. 2 hour paddle.

#### 7/8 -SUN - BIKE - GASPORT TO LOCKPORT CANAL TRAIL

(B)- Kevin and Elizabeth Bolt -  
bfamily428@roadrunner.com - 716-563-9695 - 15 miles with stops at locks and Lake Effect Ice Cream. Bike helmets are mandatory. Call or email for exact meet up place and morning start time. Ride along the paved/ crushed gravel trails and enjoy the history of the Erie Canal.

#### 7/11 – WED – HIKE – BEAVER MEADOW

(C) – Carol Griffiths - 562-2547 Join me for a morning walk in the Beaver Meadow Nature Center. Call for meet up time. Bring a lunch.

#### 7/12 – THURS - PADDLE CAZENOVIA CREEK, EAST AURORA

(B)– Carol Griffis – 652-2547 – Call trip leader for exact time of meet up. Late afternoon/early evening. Expect gentle moving water with some rocks, downed trees to paddle around. Life Jackets are mandatory and must be worn at all times while on the water.

#### 7/14 - SAT - PADDLE – OAK ORCHARD RIVER

(B) Richard Schraven 564-2106  
richardschraven1@gmail.com &  
MarySchraven1@gmail.com 946-7489 - Come paddle your canoe or kayak on the meandering, moving water between Gravel Road (Rte. 63), Medina and Townline Road in Orleans County. Approx. 3 hours of paddling with the current plus car spotting. The Oak Orchard River drains the Alabama Swamp and is supplemented with water from the Barge Canal, so water levels are seldom a problem. When you are on the river, there is a feeling of remoteness. You don't see any signs of

civilization, only the water, the tree-lined banks, wildlife and blue skies. Intermediate skills are recommended to avoid overhanging tree branches and submerged rocks. PFD's and whistles are mandatory and must be worn at all times while on the water. Bring water, lunch and a change of clothing in a dry-bag. Insect repellent, a sun-hat and sun-screen may be helpful and dress for the weather. Cars will be spotted. Please call for start time and directions to the put-in.

**7/17 – TUES – BIKE – TONAWANDA CANAL FEST- TONAWANDA BIKE TRAIL**

(C) Meet at Veteran's Canal Park at 6:00, ride for 40 minutes / approx. 10 miles on mostly bike trails to Canal Fest in North Tonawanda. Optional to purchase dinner at food truck/vendors and enjoy some live music, then ride back to the cars. Good for families. Bike helmets are mandatory. Bring water/snack and a bike light. Call Richard or Mary Schraven to RSVP - 716-564-2106/946-7489 or email: maryschraven1@gmail.com.

**7/18 – WED – HIKE – BEAVER MEADOW**

(C) – Carol Griffiths - 562-2547 Join me for a morning walk in the Beaver Meadow Nature Center. Call for meet up time. Bring a lunch.

**7/19 – THURS - CAZENOVIA CREEK, EAST AURORA**

(B) Carol Griffis – 652-2547 – Call trip leader for exact time of meet up. Late afternoon/early evening. Expect gentle moving water with some rocks, downed trees to paddle around. Life Jackets are mandatory and must be worn at all times while on the water.

**7/21 - SAT - HIKE - (C-B) AND BIKE (B) AT ZOAR VALLEY**

RichardSchraven1@gmail.com 716-564-2106 & MarySchraven1@gmail.com 716-946-7489

Participants can meet at the Rte. 20a. Park & Ride near Rt. 219 at 9:30 a.m. From there we will drive to the ride start at the Gowanda-Collins Employee Training Center, School St. ¼ mile south of the intersection of Rts 39 & 75 in Collins Center. We will ride 4 1/2 miles on roads through scenic rolling hills to the north rim of Cattaraugus Creek. Then we will hike in the DEC

Multiple Use Area, by ponds, near old-growth trees and to an overlook with a view of the creek below. The hike part will take 1½ to 2 hours with a lunch stop. We will then ride 4½ miles back to the cars. A multiple speed bike, bike helmet, lunch, water and lock are required. Hiking poles would be a good addition if you plan to descend the knife-edge and possibly take a dip in the creek. This will be a good chance to practice clothes layering. You will be significantly warmer pedaling uphill, compared to sitting to eat lunch in a cool creek-side glade. Those wishing to skip the bike-riding part can drive directly to the North-Rim Multiple Use Parking area and wait for the bikers to join us for the hike. Contact us ahead of time for time and location information.

**7/22 - SUN - BIKE - ELLICOTT CREEK ISLAND TO BLACK ROCK/ UNITY ISLAND**

(B) Mike Lex 716-430-8986 or email: mblex@roadrunner.com - 8:00am meet up, Ride about 26 miles round trip/ 2.5 hours. Bring water, snack. Helmets are mandatory. Please call me to RSVP and for exact meet up location.

**7/25 - 7/27 - WED -FRI - KAYAK/CANOE CAMPING IN ALLEGHENY NATIONAL FOREST, PA**

(A) Meet at Elijah Run (Rt 59 West to the bridge at Wolf Run, first left and follow that down past Dew Drop and to Elijah Run) to put in at 11 am, offload boats, load with gear, park vehicles and then launch off. Parking is \$5 per day. We will paddle across to Morrison Run campground and start setting up. The paddle is 3/4 mile, however if you wish to hike in it is about 5.5 miles. The campsite is equipped with picnic table, fire ring and there are pit toilets in the park to use. We will bring in our own food and water, or filter from the river. The cost is \$12 per night and each site can accommodate 3 tents, therefore the costs can be shared. Bring cash for parking and camping as it is on the honor system. RSVP to Marion Hanover marionhanover@gmail.com

**7/28 – SAT - PADDLES UP/ BUFFALO NIAGARA WATER KEEPER – BEAVER ISLAND STATE PARK – NIAGARA RIVER**

Richard and Mary Schraven 716-946-7489 maryschraven1@gmail.com - This event is sponsored by Buffalo Niagara Water Keeper. Don't want to be

alone in a crowd? Meet up with Schraven's before the group tour just outside the park entrance at 6:45am. Be ready to begin at 7:00 or 7:30 am for the Eco Tour or Early Bird Paddle: Join BNWK for a guided Eco Tour lead by Paddles Up Founder Paul Leuchner and DEC Niagara River Ecologist Tim DePriest starting at 7:00 and 7:30 or paddle at your own pace during our Early Bird Paddle starting at 7:00 am. On both courses you will see the Niagara River Restoration projects near Strawberry and Motor Island, a Bald Eagle nesting area, Heron Rookery and more. \*Please note, both morning paddles will cross the river channel, requiring moderate paddling abilities. Life jackets are mandatory and must be worn at all times while on the water. Go to this site for more information and a full schedule for the day: <http://gichamber.org/live/recreation/paddles-up-niagara/> Please call trip leaders to RSVP.

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### **7/28 – SAT - TOWN OF WILSON BICENTENNIAL CELEBRATION – FESTIVAL AND PADDLE**

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(C) Mary and Richard Schraven- richardschraven1@gmail.com 716-564-2106 or maryschraven1@gmail.com 946-7489 - Celebrate Wilson's 200th birthday at Wilson Tuscarora State Park. Kayak and SUP demos by Paths Peaks and Paddles, Outdoor Expo by Cabelas. Food trucks, Sea Glass Hunt with prizes. Join us at dusk in a non-motorized watercraft as we relive and recreate an old summertime tradition with a parade of boats through Wilson Harbor by lantern lights (glowsticks). PFD's and whistles are mandatory and must be worn at all times when on the water. Meet us at the festival during the day or just for the dusk paddle. Call trip leader to let me know when you will be there and I'll establish a meet up place and time.

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### **7/29 – SUN - PADDLE - CRYSTAL BEACH, ONTARIO SHORELINE**

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(C) Kate Hacker, 716-491-7046, hackerks@gmail.com - We will launch at my house south of Ridgeway Ontario and paddle up to Crystal Beach and the Bay Beach area along the shoreline. This area can get choppy on a windy day or when there are a large number of boats out so canoes are not recommended unless it happens to be very calm, which it often is in July. We will start mid-morning at my house and paddle as far as the group wants. Swimming is okay at the launch area but it is rocky. Bring some water shoes, sunscreen, water and snacks. PFD's are mandatory and must be worn at all times while on the water.

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### **7/30 - MON - BIKE - CLARENCE BIKE PATH**

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(C) Mike Lex - 716-430-8986 mblex@roadrunner.com - 6:00pm meet up and ride from Goodrich Road to Akron Falls. Call for meet up place. Approximately 18 miles round trip/1.5 hours. Bike helmets are mandatory.

## **August Outings**

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### **8/1 – WED – HIKE – BEAVER MEADOW**

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(C) – Carol Griffiths - 562-2547 Join me for a morning walk in the Beaver Meadow Nature Center. Call for meet up time. Bring a lunch.

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### **8/2 - THURS -CAZENOVIA CREEK, EAST AURORA**

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(B) Carol Griffis – 652-2547 – Call trip leader for exact time of meet up. Late afternoon/early evening. Expect gentle moving water with some rocks, downed trees to paddle around. Life Jackets are mandatory and must be worn at all times while on the water.

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### **8/4 -SAT - BIKE - FORT ERIE TO PORT COLBORNE FOR CANAL DAYS**

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(A) RichardSchraven1@gmail.com 564-2106 & MarySchraven1@gmail.com 946-7489. We will meet in the morning in Fort Erie, 10 Queen Street, and ride on the Friendship Trail 20 miles to the Canal Days Festival in Port Colbourne, Ontario. Along the way, as we go through Ridgeway, Ontario. We can stop at the Farmers Market to pick up some delicious sausages. The Canal Days Festival features a wide variety of food offerings, live music and a tour of the U.S. Naval ship “Niagara” on loan from Erie, PA. The ship was pivotal in the defeat of the British on Lake Erie during the War of 1812. We will return to our cars in Fort Erie. Bring valid ID for the border crossing, helmet, water, money, tool kit and appropriate clothing including sun and weather protection. Call for exact meet up time. For more information go to: [http://portcolborne.com/page/canal\\_days](http://portcolborne.com/page/canal_days)

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### **8/6 – 8/9 – MON – THURS - CANOE/KAYAK TRIP**

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(B) Oswegatchie River from Inlet to High Falls (13.2 miles) Leader: Richard Collins, rmcund76@gmail.com - 716-799-5296. The Oswegatchie is a Class 1 river in this section. Paddle in is up stream, depending on water levels some walk overs may be necessary. Lots of meandering streams to explore and sections of old

growth forests. Lean-to may be available, some type of shelter will be required. PFDs are required and must be worn at all times when on the water. Contact trip leader for a list of recommended gear and for more information. Please RSVP by 7/15/2018.

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### SAT 8/25 - CHATAUQUA COUNTY GRAN FONDO

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(A) Mike Lex - 716-8986 or email: mblex@roadrunner.com -Choose your ride length: 20, 38, 40, or 60 miles in Chatauqua County. Register at <http://chatauquagranfondo.com/> for \$30 - Funds to benefit various charities. Contact me to car pool and for more information. Fun and interesting historical sights along most routes: Bemus Point, Midway State Park, Mayville, Dewittville.

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### 8/17-8/19 ADK YOUNG MEMBERS (AGES ~21-39) WEEKEND AT JOHNS BROOK LODGE

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Johns Brook Lodge has been reserved for young members ages 21-39 to come together and explore the High Peaks Region. Enjoy the comforts of the backcountry lodge and delicious food, make new friends, and get some hiking in! We'll go over our personal goals and interests and split into smaller groups for Saturday's high peak hike, with flexibility to make this weekend as adventurous as you'd like! This social and recreational program includes two nights lodging and six meals, prepared by the amazing JBL staff. **Cost:** \$165; includes meals, and lodging for 2 nights. Register here: <https://www.adk.org/teen-and-young-adult-programs/>  
The ADK-NFC chapter has scholarships for the first six young members from our club who sign up. After completion of the program, you will be reimbursed \$80. If you have questions about the weekend, contact Deena Mueller-Funke ([deena.mueller1@gmail.com](mailto:deena.mueller1@gmail.com))

## Save the Date

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### 10/26-10/28 - ADK FALL OUTING AND PRESIDENT'S BANQUET - WATKIN'S GLEN - SENECA LODGE

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Your Chapter, ADK-NFC is co-sponsoring this weekend event. We will be looking for outing leaders, volunteers to help with registration. Stay tuned for information!

**Outings Ratings:** (A): strenuous, for the duration and level of fitness and skills needed (B): moderate difficulty (C): easy, good for beginners, shorter length For an updated listing of outings, please see the event calendar posted on the website: [adk-nfc.org/calendar](http://adk-nfc.org/calendar)

## Conservation Corner

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The Conservation Committee was busy in May and June promoting a healthy environment. Member's organized the May Education Workshop and recommended Heidi Gee to be the general meeting speaker. She spoke about the importance of planting native plant species in your own backyard to provide homes and nourishment for pollinators, insects and the birds that feed on them. This was followed up by an informative display at the June picnic regarding information on organic cleaning products that will not harm the environment. The committee topped this off by providing several free cleaning products and sponsoring a drawing for milkweed plants, a rain barrel and a composter to encourage all club members to protect our planet.

Thank you to Jay Wopperer, and Lynn and Doug Kenney for completing the Adopt-A-Highway clean-up on the roads surrounding the Tillman Wetlands area in Clarence. Three large bags of garbage, a tire and multiple large boxes were picked up this year. There will be another opportunity to help with the fall clean-up in September.

ADK legislative staff and state legislators were successful in convincing the state legislators not approve the recommendation by Governor Cuomo's budget staff to change how the tax base costs were determined for the Catskill and Adirondack Parks. Such a change would have resulted in local governments voting against any new land acquisitions in the future. The empty oil tanker railroad cars parked on the spur railroad track leading to the Tahawus Mine in the Adirondacks are being removed thus preventing the remaining oil left in the tankers from leaking into the nearby river as the railroad cars rusted.

There are no Conservation Committee meetings scheduled for the summer. Conservation meetings will resume in September.

Attacks on the environment never stop. To learn the latest environmental news, join the Conservation Committee!

- *Lynn Rehfeld-Kenney*

# Executive Committee Members

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**CHAIR** – Paul Gannon  
paulmgannon54@gmail.com (716)  
395-5739

**1ST VICE CHAIR/OUTINGS** - Mary Schraven  
maryschraven1@gmail.com  
91 N. Parrish Dr., Amherst, NY 14228  
(716) 946-7489,

**2ND VICE CHAIR/CONSERVATION** - Lynn Rehfeld-Kenney  
woodthrush3@hotmail.com 21 Hillside Ave., Buffalo, NY 14210 (716) 825-7329,

**3RD VICE CHAIR/PROGRAMS** - Dana Jandzinski  
hikenbike30@yahoo.com

**EDUCATION CHAIR**- Teresa Corrigan  
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**MEMBERSHIP CHAIR** - Kathy Clerkin  
[kmclerkin@gmail.com](mailto:kmclerkin@gmail.com)

**DIRECTOR/WEBMASTER** - Rob Laing  
webmaster@adk-nfc.org

**TREASURER** - Doug Gaffney  
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**ELECTRONIC COMMUNICATIONS** – Mary Kathryn Noack  
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**SECRETARY** - Larry Beahan  
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**HOSPITALITY** - Carol Schuster  
carolfschuster@gmail.com

**YOUNG MEMBERS COORDINATOR** – Deena Mueller-Funke  
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**NEWSLETTER EDITOR** - Jaclyn Rossini  
jrossini@buffalo.edu

**ARCHIVIST/HISTORIAN** - Lynn Rehfeld-Kenney  
woodthrush3@hotmail.com (716) 825-7329

**Outings Co-Chairs:**

**DAY HIKES** (Apr - Nov) *New co-chair needed! (contact the Chair)*

**WATERWAYS** - Richard Schraven  
richardschraven1@gmail.com 91 N. Parrish Dr. Amherst, NY 14228 (716) 564-2106

**BIKING** - Paul Kochmanski  
kochmanski@ecc.edu (716) 895-7712

**BACKPACKING** – Teresa and Peter Corrigan  
hikepmc@roadrunner.com; teresacorrigan85@gmail.com 207 Woodward Ave., Buffalo, NY 14214-2313 (716) 835-1905