

The Niagara Explorer

Newsletter of the Adirondack Mountain Club–Niagara Frontier Chapter

Message from the Chair

I hope all of you are enjoying our glorious summer weather. The outings calendar has been full. I am grateful to all the leaders who have donated their time and energy to this effort.

September is right around the corner, and with it, the beginning of my second year as your chair. Our first meeting will be our annual ice cream social and slide show. I am eager to see what everyone has been up to.

In September, we will see some changes on our executive committee. Dana Jandzinski, our Program Chair, and Lynn Rehfeld-Kenney, our Conservation Chair, will be stepping down after serving our club ably for several years.

Please join me in welcoming Maureen Rowley, as our new Program Chair, and Bob Van Hise, as our new Conservation Chair.

As I begin my second year in office, I will continue to advance the agenda that the executive committee developed last summer. The Winter Mountaineering School will present a wilderness first aid course in our area in late September. I plan on committing our chapter to assist in making this an annual event. If we are successful, you will no longer have to travel to Lake Placid for this training. We will begin our outreach to underserved populations by working with Buffalo Prep, an organization that assists young people in Buffalo. I will continue to try and develop collaboration with the other outdoor organizations in Western New York.

Enjoy the rest of your summer. I look forward to seeing you in September.

–Paul M. Gannon

Next Meeting

Tues. Sept. 11, 2018, 7PM

Fellowship Hall

Amherst Community Church

77 Washington Hwy. Snyder, NY 14226

NOTE: Please park in rear and enter through back door (walk up to 2nd floor)

The traditional ICE CREAM SOCIAL will begin at 7 PM, and the General Meeting and Slide Show will start at 7:30. The program for the evening includes: • Ice Cream Social - Reconnect with ADK chapter friends after the summer break over ice cream and beverages. A great Welcome Back before the ADK Chapter updates and Slide Show • Recent 46ers Honored - Celebrate recent ADK members who have climbed the 46 Highest Peaks! • Annual Members Slide Show

Plan to share the adventure & fun you've had over the past year with fellow ADK members at the Annual ADK Members Slide Show! Start thinking about TEN pictures you'd like to present! They can be from one outing or a few. It's always fun to see what others have experienced. They are great suggestions for future trips for all of us!

**Send 10 pictures to Slide Organizer
Doug Gaffney by Mon, Sept. 10:
dgaffney@roadrunner.com**

Outings

Outings Ratings: (A): strenuous, for the duration and level of fitness and skills needed (B): moderate difficulty (C): easy, good for beginners, shorter length For an updated listing of outings, please see the event calendar posted on the website: adk-nfc.org/



Niagara Gorge

August Outings

8/26 - SUN - HIKE - NIAGARA RIVER GORGE

B - Janet and David Kowalski 839-3114 or janetk300@gmail.com

This scenic 3.5-mile loop is a WNY gem. We will check out the newly refurbished steps at Devil's Hole State Park, and also see the newly established native plants along the river trail. The hike will begin along the Niagara Gorge Rim Trail, then down a winding stone staircase, next backtrack alongside the raging rapids of the powerful Niagara River, then ascend back to our start on a second set of stone stairs. We will pause to explore the historic Devil's Hole Cave. The flat rocks on the Niagara River near Whirlpool Rapids will provide a spectacular lunch venue. Meet at 10 AM at the pavilion near the parking lot of Whirlpool Rapids State Park. Moderately strenuous due to the abrupt 300 foot elevation change. Dress for the weather, wear sturdy shoes, and bring water and a picnic lunch. Please RSVP with trip leader.

8/27 - MON - BIKE - CLARENCE BIKE PATH

(C) Mike Lex - 716-430-8986 mblex@roadrunner.com - 6:00pm meet up and ride from Goodrich Road to Akron Falls. Call for meet up place. Approximately 18 miles round trip/1.5 hours. Bike helmets are mandatory.

September Outings

9/8 - SAT - ADOPT-A-HIGHWAY CLEAN-UP/HIKE - TILLMAN ROAD STATE WILDLIFE MANAGEMENT AREA, CLARENCE (RAINDATE - 09/9 - SUN)

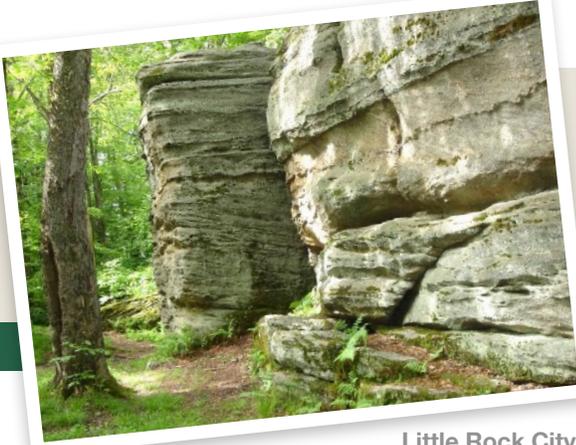
(A) LYNN & DOUG KENNEY (716)825-7329 Make a difference! Join us for the Fall Adopt-A-Highway clean-up. Volunteers are needed to pick up litter along the roadsides surrounding the Tillman Wetlands area in Clarence. Meet at 10:00AM in the Shisler Road parking lot located at the eastern end of Wehrle Drive. Garbage bags are supplied. Bring work gloves. Clean-up takes about 2 hours. You only need to call if you plan on joining us for a hike through the wildlife area afterwards. If you will be joining the hike bring along a bag lunch. We will eat in-between the clean-up and the hike. Day of the hike call our cell phone 361-6172.

9/8 -SAT - BIKE - CIRCUMNAVIGATE GRAND ISLAND

(C) Tom Burkman (716)228-9493; burkman@buffalo.edu - Meet at Tom Burkman's, 800 Kirkwood Drive, Grand Island 14072. Come at 8:30 a.m. for breakfast or 9:15 for departure. Easy pedal around the island, 25 miles. Bring helmet, water, sunscreen. We will stop for a snack before noon and finish up by 1:00. Optional stop after for lunch. Contact Tom to register.

9/12 – WED – PADDLE - EVENING PADDLE ON GUN CREEK AND NIAGARA RIVER IN GRAND ISLAND

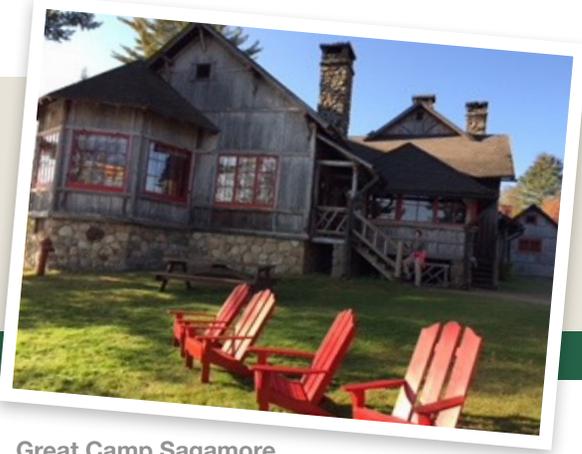
Meet 5:30; launch 6:00. At Tom Burkman's, 800 Kirkwood Drive. To register contact Tom at (716)228-9493 or burkman@buffalo.edu. A PFD and whistle are mandatory and must be worn at all times while on the water.



Little Rock City

9/16 - SUN - BIKE - LAKE ONTARIO SHORES

Wilson to Olcott ending at Woodcock Bros Brewery-Mike Lex - Please email trip leader mblex@roadrunner.com for full trip details. Meet at 10am, This ride will take place on roads at a touring pace of 10-12.5 mph. Bike helmet is mandatory.



Great Camp Sagamore

9/15-9/16- SAT - SUN HIKE/CAMP LITTLE ROCK CITY AREA

Lynn & Doug Kenney 716-825-7329

(B)Meet Saturday morning for an approximately 6 mile hike in the McCarty Hill State Forest near Little Rock City. Join a group camping at no cost at the CCC Camp on Saturday night.

There will be another hike on Sunday morning. The area is filled with trails that wind through a deciduous forest filled with a wide variety of trees and ferns. See how the land has begun to regrow since a tornado knocked down a large swath of trees several years ago. The trails start in the valley and go up to the ridge behind the Holiday Valley ski resort. Bring water and food. Hiking poles are helpful on the parts of the trails that are rocky. Come for the weekend or come for just one hike. Call 825-7329 for details. Cell phone coverage is spotty so call by Friday night.

GREAT CAMP SAGAMORE SEPT. 21ST-23RD, 2018, OR SEPT.21-24TH, 2018

There's still time to sign-up for a 2 or 3 night stay at Great Camp Sagamore in the Adirondacks on a joint outing with Bell Ski Club and ADK NFC Chapter. Check-in is 3pm Friday with a meet & greet on the Wigwam Cabin porch at 5pm. Please bring your own snacks. Group dining is 6:30pm on Friday. We will do easy group hikes, or some short kayak trips, or make your own itinerary. The discounted price of \$358.20 for 2 nights includes a simple furnished room with bedding, a shared bath, (usually 2 rooms per bath,) a free historic camp tour, free canoe & kayak use, as well as breakfast on Saturday and Sunday, a bag lunch Saturday, and dinner Friday and Saturday. Schedules,waivers to sign & maps will be given out upon arrival. For anyone interested in staying over Sunday night, the price is \$135. per person. You can decide now or later, and let the camp know. A 35% deposit pp is required. To register call the Camp Registrar at 315-354-5311. If you need more information please contact club member JoAnn Zurek at 716-675-1689 and leave a message.

Carry on our chapter tradition of carrying our ADK-NFC 46er Flag to the top of your 46th peak.

Call Lynn Kenney (825-7329) to pick up the 46er Flag so it can be a part of your celebratory photo when you complete your final peak to become an Adirondack 46er.



Beehunter Trail, ASP



Niagara-on-the-Lake

9/22 – SAT – HIKE – BEEHUNTER TRAIL ALLEGANY STATE PARK

Teresa Corrigan (716-440-5755) Peter Corrigan (716-880-5939) Rain date, Sunday Sept 23. Join us for a quite moderately-paced hike of Allegany State Park's beautiful Beehunter Trail. Located in the park's Red House area, Beehunter trail offers elevation changes, a beautiful stream and some nice early autumn foliage. We will meet in the parking lot next to the Beehunter Picnic area at 10am. Bring water (and a snack if desired). Afterward, for those interested, we will head to Ellicottville for refreshments.

9/23 – SUN – HIKE – IROQUOIS NAT'L WILDLIFE REFUGE – YOUNG MEMBERS (AGES 21-39 ISH)

Contact Deena Mueller-Funke (815) 355-6768 or deena.mueller1@gmail.com to RSVP and for a start time and for carpooling. We will hike 3-5 miles depending on the group's enthusiasm. We may drive to various spots within the refuge to hike. The trails are easy with little elevation gain. There is a good chance of spotting bald eagles there. We'll plan to stop for refreshments on the way back to Buffalo. The refuge is about 35 minutes away by car.

9/23 – SUN - PEDAL & PADDLE FROM QUEENSTON TO NIAGARA-ON-THE-LAKE

(A)RichardSchraven1@gmail.com (716) 564-2106 & MarySchraven1@gmail.com (716) 946-7489

We will drive to Queenston, Ontario, Canada with our bikes and canoes/ kayaks and lock the boats to the fence at the boat dock. (Bring Passport ID) Then we will drive to Niagara-on-the-Lake (N-O-T-L) and ride our bikes back to Queenston on the Niagara Recreational Trail (50 min./13.5 km). After unlocking the boats and locking the bikes to the fence, we will paddle with the current back to N-O-T-L. (2 hours). We can have a picnic lunch at Queens Royal Park overlooking Lake Ontario and Fort Niagara or stop at one of the nice lunch restaurants in town. With the canoes/kayaks mounted again on our cars, we will drive home with a stop in Queenston to pick up our bikes. On this outing we must be equipped for safe bike riding and paddling. Bring your multi-speed bike, bike gear: sun protection, insulation, helmet (mandatory), repair kit, water, lock and cable and your paddle gear: pump or bailer. PFD and whistles are mandatory and must be worn at all times on the water. Contact us for details and connection information. It is possible for someone to do either the bike ride or the paddle only, but will require careful planning to make connections.

9/25 – TUES AM – HIKE - BUFFALO NEIGHBORHOOD WALK

Kathy B. 837-8545- 9:00 AM Hike will be in South Buffalo area, 4 miles. Please call no later than 5 PM Monday, the 24th if you're coming. I'll give you the meeting place then. If no calls, no walk!

Plan Ahead



Watkin's Glen

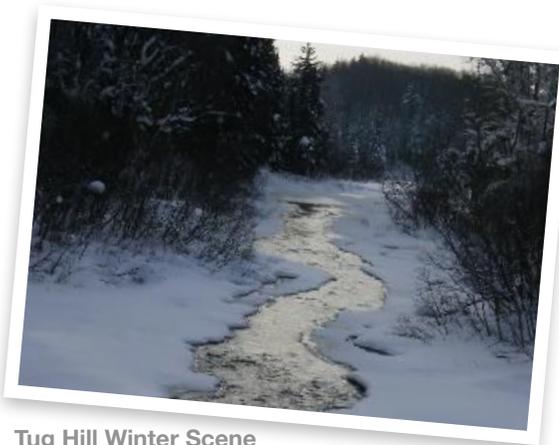
ADK Fall Outing October 26-28 at Watkin's Glen

Hosted by Finger Lakes Chapter and assisted by ADK-NFC!

Meet other ADK Chapter members, hike, bike, and paddle new places, enjoy the Finger Lakes Region during Autumn! The website is still under construction with all the information about lodging, outings, costs, schedule, and registration. Check it soon to reserve your accommodations at the Seneca Lodge or Harbor Hotel and sign up for outings. Go to: <http://adk-nfc.org/ADKFallOuting/index.htm>

ADK Winter Outing: Tug Hill Plateau

Hosted by the Iroquois Chapter, join fellow winter enthusiasts to experience the thrill of cross country skiing or the invigorating activity of snow shoeing at the annual ADK Tug Hill winter outing January 18-20, 2019 (Martin Luther King weekend). The Tug Hill region is noted for the east's heaviest snowfall, just waiting for you to explore the numerous groomed and back country trails minutes from the club house. (ski's and snow shoes not provided)



Tug Hill Winter Scene

You will "rough" it at the Mad River Club in Lacona. Full package includes floor space for pad (or cot) and sleeping bag, snacks Friday evening, breakfast and lunch on Saturday and Sunday, and a catered dinner Saturday. And if you feel lucky, several door prizes to tantalize your curiosity following dinner. Other accommodations are also available in nearby towns. Inquire below.

For general information and registration contact David White at ccswhite@juno.com. Full registration is \$110. Saturday activities and dinner is \$45. All but \$20 is refundable to Dec. 31. For general information, contact Paul Sirtoli at alexsirtoli@outlook.com

Conservation Committee Meeting

Our first meeting of the new season will be held Tuesday September 18 beginning at 7:00 pm in the new Gander Outdoors, 880 Young St., Tonawanda 14150

Trip Reports



Allegheny Reservoir

Canoe Camping Allegheny National Forest (7/ 25-7/27)

A fun, adventurous group of 4 set out for paddling, exploring, swimming, camp fires and plenty of laughs. The Allegheny Reservoir is one of my favourite recreational areas offering a wide array of adventure for the outdoor enthusiast. We spent a lot of time on our boats with beautiful sunsets, swimming, beach visits, wildlife observation and exploration of parts of the 91 miles of shoreline along the 24 miles body of water. One of the highlights was a visit to an osprey nest to observe Mom and her chicks. The end of the trip was visiting a couple of the many cultural and historical areas including Kinzua Dam and Kinzua Skywalk with it's new Information & Museum Centre. This is a trip I would certainly like to repeat and hope to get more ADK'ers

—Marion Hanover

Clarence Bike Trail Ride (7/30)

On a pleasant overcast Monday night (7/30) two bicyclists set out on a 16.5 mile ride from Clarence Center to Akron Falls Park. The riders maintained a pleasant conversational pace of 10.5 mph as the scenes changed from suburban town to farms and fields. Riders circled through the lower portion of the park and returned around 7:30pm.

—Mike Lex

Klondike Lean-To Privy Re-made (8/5 – 8/6)



Klondike Lean-to

After the Memorial Day Klondike Trail clean-up, it was reported to the DEC that the privy was in need of repair. In July, Kevin Bolt, who assisted with trail stewardship last year, reported it was still not repaired. Due to their understaffing, it took ADK-NFC member, Lee Clucky, “leaning” on the DEC to facilitate getting it done. So on Aug 5th, Lee and the Schravens backpacked the sides of the privy to the lean to . The following day, Lee hiked back again with tools to put it all together. Thank you Lee for all your efforts.

—Mary Schraven

Oswegatchie Canoe Camping (8/6 – 8/8)

With beautiful skies and warm weather, 6 of us met at the Star Lake Post Office and made the short carpool to the put in on the Oswegatchie near Inlet. The water level was perfect and we paddled up stream for about 3 hours to the lean to campsite. We were the only ones on the river and had a pristine experience of the area. The stream became very meandering to the point we began to tire of the amount of sweeping strokes it took to make the hairpin turns. The campsite was terrific with flat areas for tents, a decent outhouse and a wonderful view of the river. The next day, we continued upstream for a few hours, over beaver dams, rocky rapids and even tighter turns. After a lunch break and the steady down-pouring of rain, we all agreed to return to our lean to and chill out. The rain was scattered so we could enjoy a fire and dinner without much trouble. We all agreed that we had fully explored the paddling opportunity and we were in agreement to leave the next day. On the way out, we had lunch on High Rock and was treated to hummingbirds, a blue heron and a lovely view of the meandering river. One memorable part of this trip was that 2 participants came from other chapters. One from Albany and the other from PA. I was so happy that they saw the outing on the ADK.ORG website calendar and felt comfortable calling the trip leader and joining us.

—Mary Schraven



Oswegatchie River

Wilderness First Aid Training Sept. 28-30, 2018



ADK-NFC is proud to be promoting this training locally and is very excited to be able to provide scholarship money to support 6 Niagara Frontier Chapter Trip Leaders to take this training. These trip leaders will be sharpening their first aid skills and to promote safety on their outings, providing a direct benefit to our chapter. We are grateful for their commitment as trip leaders. We hope to be able to provide this important training on an annual basis.

This course is sponsored by the ADK Winter Mountaineering School which is a program within the Adirondack Mountain Club. Additional information about the ADK and ADK WMS Program can be found at the following websites: www.adk.org or www.winterschool.org Registration is closed for this course, but if you have questions email: wmswfa@gmail.com

Executive Committee

CHAIR – Paul Gannon
paulmgannon54@gmail.com
(716) 395-5739

1ST VICE CHAIR/OUTINGS - Mary Schraven
maryschraven1@gmail.com
91 N. Parrish Dr., Amherst, NY 14228
(716) 946-7489

2ND VICE CHAIR/CONSERVATION - Bob Van Hise (716) 628-0355
adkpaddles.bvh@gmail.com

3RD VICE CHAIR/PROGRAMS - Maureen Rowley 716-628-0369
mrowley62@yahoo.com

EDUCATION CHAIR- Teresa Corrigan
teresacorrigan85@gmail.com 207
Woodward Ave., Buffalo, NY
14214-2313 (716) 835-1905

MEMBERSHIP CHAIR - Kathy Clerkin
kmclerkin@gmail.com

DIRECTOR/WEBMASTER - Rob Laing
rlaing537@gmail.com

TREASURER - Doug Gaffney
dgaffney@roadrunner.com 830 George
Urban Blvd., Cheektowaga, NY 14225
(716) 631-3979

ELECTRONIC COMMUNICATIONS – Mary Kathryn Noack
marynoac@buffalo.edu (716)-984-2342

SECRETARY - Larry Beahan
larry_beahan@roadrunner.com
5 Darwin Dr., Amherst, NY 14226
(716) 839-3112

HOSPITALITY - Carol Schuster
carolschuster@gmail.com

YOUNG MEMBERS COORDINATOR – Deena Mueller-Funke
deena.mueller1@gmail.com
(815) 355-6768

NEWSLETTER EDITOR - Jaclyn Rossini
jrossini@buffalo.edu

ARCHIVIST/HISTORIAN Lynn Rehfeld-Kenney (716) 825-7329
woodthrush3@hotmail.com

Outings Co-Chairs:

DAY HIKES (Apr - Nov) *New co-chair needed! (contact the Chair)*

WATERWAYS - Richard Schraven
richardschraven1@gmail.com
91 N. Parrish Dr. Amherst, NY 14228
(716) 564-2106

BIKING - Paul Kochmanski
kochmanski@ecc.edu (716) 895-7712

BACKPACKING – Teresa and Peter Corrigan
hikepmc@roadrunner.com;
teresacorrigan85@gmail.com 207
Woodward Ave., Buffalo, NY
14214-2313 (716) 835-1905